



January 2018 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	1	2	3	4	5
Lunch	Carrington Academy Closed New Years Holiday	Carrington Academy Closed New Years Holiday	Homestyle Waffles w/Maple Syrup & Milk Pepperoni Pizza, Green Beans, Diced Peaches, & Milk VEGGIE: Cheese Pizza	Baked Chicken Biscuit w/Water Beef and Cheddar Melt Sub, Baked French Fries, Diced Pears, & Milk VEGGIE: Cheddar Melt Sub	Whole Grain Strawberry Cereal Bar & Milk Chicken Salad Wrap, Peas, Pineapples, & Milk VEGGIE: Veggie Patty Wrap
PM Snack			Baby Carrots w/Ranch Dipping Sauce & Juice 2 & Under: Cheez Its & Juice	Apple Crisp & Water	Warm Soft Pretzel w/Nacho Cheese Dipping Sauce
AM Snack	8	9	10	11	12
Lunch	Scrambled Egg & Cheese on Warm Croissant	Whole Grain Bagel w/Cream Cheese & Water	Whole Grain Biscuit w/Turkey Sausage & Water	Mixed Berry Oatmeal w/Water	Warm Cinnamon Rolls & Milk
PM Snack	WW Grilled Cheese Sandwich, Hearty Tomato Soup, Sliced Apples & Milk	Turkey Pot Roast & Gravy over Brown Rice, Diced Peaches, Lima Beans & Milk VEGGIE: Boca Patty over Brown Rice	Chicken Meatball Sliders, Green Beans, Mandarin Oranges & Milk VEGGIE: Mozzarella & Marinara Sliders	Turkey Shepards Pie, Peas, Pineapples & Milk VEGGIE: Smothered Boca Shepards Pie	Cheesy Chicken Penne, Mixed Veggies, Tropical Fruit & Milk VEGGIE: Cheesy Penne
AM Snack	Turkey Corn Dogs & Water 2 & Under: Goldfish & Juice	Fresh Fruit Jello w/Animal Crackers & Water	Sliced Cucumbers w/Ranch Dipping Sauce & Saltine Crackers	Fresh Cut Orange Wedges & Graham Crackers	Homemade Chex Mix & Juice
Lunch	15	16	17	18	19
PM Snack	Carrington Academy Closed MLK Holiday	Warm English Muffin w/ Sun Butter Spread	Scrambled Eggs w/Cheddar Cheese & Water	Strawberry Oatmeal w/Water	Mixed Berry Yogurt Parfait w/Water
AM Snack		Turkey Sausage, Jambalaya, Corn, Pineapples & Milk VEGGIE: Red & Black Bean Jambalaya	Chicken Alfredo Pizza, Green Beans, Diced Peaches & Milk VEGGIE: Alfredo Pizza	Fish Fillet Sandwich, Tater Tots, Diced Pears & Milk VEGGIE: Veggie Nuggets	Chicken Soft Taco's. Mixed Veggies, Fruit Cocktail & Milk VEGGIE: Cheese Quesadilla
Lunch		Funnel Fries w/Vanilla Yogurt Dip	Fresh Cut Cantaloupe w/Cheez Its	Tortilla Chips w/Nacho Cheese Dip	Chewy Granola Bars & Juice
PM Snack	22	23	24	25	26
AM Snack	Warm Whole Grain Croissant w/Turkey Bacon & Water	Warm Whole Grain Bagel w/Cream Cheese	Whole Grain Biscuit w/Country Gravy & Water	Fresh Cut Bananas & Cinnamon Toast	Scrambled Egg & Cheese Veggie Sausage Frittata w/Water
Lunch	Cheesy Broccoli & Potato Soup w/Turkey Smoked Sausage, Diced Carrots, Sliced Apples, & Milk VEGGIE: Cheesy Broccoli & Potato Soup	Italian Chicken Rotini Salad, Peas, Diced Pears & Milk VEGGIE: Italian Rotini Salad	Turkey sausage Calzones, Green Beans, Pineapples, & Milk VEGGIE: Mozzarella Cheese Calzone	Chicken Stroganoff, Lima Beans, Diced Peaches & Milk VEGGIE: Butter & Herb Egg Noodles	Turkey & Cheese Sandwich, Mixed Veggies, Tropical Fruit & Milk VEGGIE: Grilled Cheese Sandwich
PM Snack	Strawberry Yogurt w/Vanilla Wafers	Jam Triangles w/ Water	Fresh Sliced Apples & Graham Crackers	Mini Cheese Pizza & Water	Oatmeal Cookies & Juice
AM Snack	29	30	31		
Lunch	Pancake & Turkey Sausage w/Water	Warm Fruit Danish & Milk	Cheesy Hashbrowns & Water		
PM Snack	Chicken Pot Pie, Diced Carrots, Diced Pears & Milk VEGGIE: Cheesy Pot Pie	Turkey Tater Tot Casserole, Corn, Sliced Apples & Milk VEGGIE: Tater Tot Casserole	Chicken Nuggets, Mashed Potatoes, Diced Peaches & Milk		
AM Snack	Mud Pie w/Fresh Strawberries	Homemade Cheese Breadsticks w/Water	Fresh Cut Honey Dew Melon w/Pretzels		