



May 2018 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Breakfast			1	2	3	4
		Blueberry Pancakes with Syrup, Fresh Fruit & Milk	Breakfast Casserole & Milk	Biscuit and Gravy, Sausage & Milk	Mushroom, Spinach and Swiss Scramble & Milk	
AM Snack		Fruit Danish & Water	Yogurt Parfait	Cinnamon Rolls, Fresh Fruit & Water	Fresh Bananas, Graham Crackers & Water	
Lunch		Spaghetti, Salad, Pears & Milk	Chicken Nuggets, Mashed Potatoez, Gren Beans, Tropical Fruit & Milk VEGETARIAN: Veggie Nuggets	Chicken and Broccoli Alfredo, Fresh Fruit & Milk VEGETARIAN: Fettuccini Broccoli Alfredo	Turkey Pot Pie, Roll, Peaches & Milk VEGETARIAN: Veggie Pot Pie	
PM Snack		Cereal Bar & Water	Ritz Crackers, Fresh Fruit & Water	Soft Pretzels, Cheese Cubes & Water	Cereal Bar & Water	
Breakfast	7	8	9	10	11	
	Maple Berry Oatmeal & Milk	Scrambled Egg Flatbread with Broiled Tomato & Milk	Waffles with Syrup, Fresh Fruit & Milk	Hash brown Casserole & Milk	Hard-boiled Egg, Toast with Jelly & Milk	
AM Snack	Blueberry Muffins & Water	Cinnamon Sugar Toast, Fresh Fruit & Water	Cheese Roll-up & Water	Fruit Danish & Water	Croissant, Fresh Fruit & Water	
Lunch	Chicken Tenders, Au Gratin Potatoes, Peas, Peaches & Milk VEGETARIAN: Veggie Nugget	Cheese Ravioli, Broccoli, Mixed Fruit & Milk	Chicken Fajitas, Black Beans, Rice, Mandarin Oranges & Milk VEGETARIAN: Veggie Fajitas	Country Fried Steak with Gravy, Green Beans, Mashed Potatoes, Fruit Salad & Milk VEGETARIAN: Veggie Nuggets	Pizza with Chef! Salad, Fresh Fruit & Milk	
PM Snack	Cheese Cubes, Saltine Crackers & Water	Fresh Apple Slices, Graham Crackers & Water	Cucumbers with Ranch & Water	Soft Pretzels, Fresh Fruit & Water	Fresh Fruit Smoothie of the Week & Graham Cracker	
Breakfast	14	15	16	17	18	
	Banana Oat Baked French Toast & Milk	Sausage Biscuit & Milk	Blueberry Pancakes with Syrup & Milk	Sautéed Cinnamon Apples, Croissant & Milk	Cereal, Banana & Milk	
AM Snack	Yogurt Parfait & Water	Fresh Fruit, Graham Cracker & Water	Cheesy Hash browns & Water	Croissant, Fresh Sliced Apples & Water	Fresh Bananas, Pretzel Twists & Water	
Lunch	Turkey and Cheese Roll-up, Green Beans, Fresh Apple Slices & Milk VEGETARIAN: Cheese Roll-up	Spaghetti with Meatballs, Zucchini and Squash, Peaches & Milk VEGETARIAN: Spaghetti	Fish Sticks, Rice Pilaf, Broccoli, Pears & Milk VEGETARIAN: Veggie Nuggets	Homemade Chicken 'n Dumplings, Green Beans, Fruit Salad & Milk VEGETARIAN: Veggie 'n Dumplings	Pork Loin, Roasted Potatoes, Mixed Vegetables, Tropical Fruit & Milk VEGETARIAN: Veggie Patty	
PM Snack	Carrot Sticks with Ranch, Saltines and Water	String Cheese, Ritz Crackers & Water	Vanilla Wafers, Fresh Fruit & Water	Cheex Mix, Fresh Fruit & Water	Blueberry Muffin & Water	
Breakfast	21	22	23	24	25	
	Egg and Cheese Bagel & Milk	Cheese Grits, Toast & Milk	Blueberry Oatmeal & Milk	Cheese Toast, Fresh Fruit & Milk	Garden Vegetable Omelet & Milk	
AM Snack	Ritz Crackers, Cheese Cubes & Water	Churro Pretzels, Fresh Apple Slices & Water	Cheddar Cheese Toast & Water	Cinnamon Rolls, Fresh Fruit & Water	Fresh Cucumber Slices with Ranch & Water	
Lunch	Breakfast! Waffles with Syrup, Scrambled Eggs, Turkey Sausage, Fresh Fruit & Milk	Hawaiian Chicken Kabob, Rice, Peas, Fresh Pineapple & Milk VEGETARIAN: Teriyaki Veggie Nuggets	Spaghetti Bolognese, Salad, Pears & Milk	Sloppy Joe Meatball Sub, Mixed Vegetables, Pears & Milk VEGETARIAN: Sloppy Lentil Sub	BBQ Chicken Sandwich, Peas, French Fries Fresh Fruit & Milk VEGETARIAN: BBQ Veggie Sandwich	
PM Snack	Yogurt Parfait & Water	Saltine Crackers, Celery with Ranch & Water	String Cheese, Ritz Crackers & Water	Fresh Baked Cookies, Fresh Fruit & Water	Fresh Fruit Smoothie of the Week & Saltine Crackers	
Breakfast	28	29	30	31		
	Egg and Cheese Bagel & Milk	Egg and Cheese Bagel & Milk	Waffles with Syrup, Turkey Sausage & Milk	Chicken Biscuit & Milk		
AM Snack	NO SCHOOL	Yogurt Parfait & Water	Cereal Bar & Water	Fruit Danish & Water		
Lunch		Turkey Black Bean Enchiladas, Corn, Mandarin Oranges & Milk VEGETARIAN: Black Bean and Cheese Enchilada	Creamy Chicken with Rice, Mixed Vegetables, Mixed Fruit & Milk VEGETARIAN: Creamy Cheese & Rice	Cuban Sandwich, Tater Tots, Vegetable Medley, Applesauce & Milk VEGETARIAN: Veggie Cuban		
PM Snack		Cheese Roll-ups & Water	Turkey Corn Dogs & Water	Fresh Fruit, Graham Crackers & Water		