

February Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast					¹ French Toast, Applesauce & Milk
Lunch					Turkey Pot Roast over Rice, Roasted Potatoes and Carrots, Sweet Pineapple & Milk. Vegetarian: Veggie Patty over Rice
Afternoon Snack					Fresh Apples, Vanilla Wafers & Water
PM Snack					Cheddar Goldfish & 100% Juice
Breakfast	⁴ Cold Cereal, Pineapples , & Milk	⁵ Cinnamon Rolls, Sliced Apples & Milk	⁶ Cheese Toast, Pineapples & Milk	⁷ Home style Waffles, Peaches & Milk	⁸ Blueberry Muffins, Mangos & Milk
Lunch	Beef Crumble Mac Cheese, Seasoned Peas, Peaches & Milk. Vegetarian: Macaroni and Cheese	Chicken Mexican Rice Bowl, Sweet Pears & Milk. Vegetarian: Black Bean, Corn Rice Bowl	Tomato Sauce Braised Meatloaf, Creamy Mashed Potatoes, Applesauce & Milk. Vegetarian: Cheesy Mashed Potatoes.	Chicken Nuggets, Seasoned Carrots, Tropical Fruit & Milk. Vegetarian: Vegetable Nuggets	Sunflower Butter & Jelly Sandwich, Seasoned Green Beans, Mixed Fruit & Milk. Vegetarian: N/A
Afternoon Snack	Tropical Fruit w/ Yogurt & Water	Sunflower Butter w/ Graham Cracker & Water	Crunchy Wheat Thin Crackers w/ Sliced Cheese & Water	Hummus w/ Pita Bread & Water	Pretzels w/ Mandarin Oranges & Water
PM Snack	Animal Crackers & 100% Juice	Chocolate Bears & 100% Juice	Pretzels & 100% Juice	Trail Mix & 100% Juice	Nutri- Grain Bar & 100% Juice
Breakfast	¹¹ Kix cereal, Tropical Fruit & Milk	¹² Bagels w/Cream Cheese, Peaches & Milk	¹³ Cereal Bars, Pears & Milk	¹⁴ Biscuits, Applesauce & Milk	¹⁵ Croissants, Peaches & Milk
Lunch	Grilled Cheese, Seasoned Peas, Peaches & Milk. Vegetarian: N/A	Creamy Chicken & Rice Bowl, Seasoned Green Beans, Pineapple & Milk. Vegetarian: Creamy Rice Bowl	Cheese Burger Sliders, Broccoli, Tropical Fruit & Milk. Vegetarian: Vegetable Patties on Buns	Teriyaki Chicken, Vegetable Lo Mein, Sweet Pineapple & Milk. Vegetarian: Veggie Nuggets	Crispy Fish Tortilla Wraps, Coleslaw and Mangos Vegetarian: Cheese Ranch Wraps
Afternoon Snack	Crackers w/ Cheese Cubes & Water	Sunflower Butter & Graham Crackers	Wheat Thins with Sliced Cheese & Water	Strawberry Yogurt w/ Crackers & Water	Animal Crackers w/ Banana & Water
PM Snack	Trail Mix & 100% Juice	Pretzels & 100% Juice	Animal Crackers & 100% Juice	Vanilla Wafers & 100% Juice	Cheerios w/ Golden Raisins & 100% Juice

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Breakfast	18 Biscuits, Pears & Milk	19 Home style Waffles, Peaches & Milk	20 Cold Cereal, Banana & Milk	21 Pancakes, Mandarin Oranges & Milk	22 Oatmeal, Mixed Fruit & Milk
Lunch	Creamy Chicken Alfredo, Seasoned Peas, Strawberry & Milk. Vegetarian: Creamy Alfredo Sauce over Pasta.	Sweet & Sour Chicken over Rice, Sweet Pineapple & Milk. Vegetarian: Veggie Strips	Hash Brown, Turkey, Cheese Casserole, Broccoli, Sweet Pears & Milk. Vegetarian: Cheesy Hash Brown	Baked Beef Spaghetti, Seasoned Green Beans, Tropical Fruit & Milk. Vegetarian: N/A	Turkey Pot Roast over Rice, Seasoned Peas, Peaches & Milk. Vegetarian: Veggie Bites.
Afternoon Snack	Wheat Thins w/ Sliced Cheese & Water	Applesauce w/ Cinnamon Cookies & Water	Fruit w/ Strawberry Yogurt & Water	String Cheese w/ Crackers & Water	Sunflower Butter w/ Graham Crackers & Water
PM Snack	Pretzel Sticks & 100% Juice	Cheddar Goldfish & 100% Juice	Cinnamon Cookies & 100% Juice	Animal Crackers & 100% Juice	Nutri-Grain Bar & 100% Juice
Breakfast	25 French Toast, Pineapple & Milk	26 Cereal Bar, Pears & Milk	27 Bagels, Mixed Fruit & Milk	28 Orange Rolls, Pineapples & Milk	
Lunch	Parmesan Chicken, Seasoned Corn, Tropical Fruit & Milk. Vegetarian: Veggie Patty	Sunflower Butter & Jelly Sandwich, Seasoned Carrots, Mixed Fruit & Milk. Vegetarian: N/A	Cheese Tortellini, Broccoli, Applesauce and Milk Vegetarian: N/A	Beef Chili, Black Beans, Mandarin Oranges & Milk	
Afternoon Snack	Trail Mix w/ Banana & Water	Hummus w/ Pita Bread & Water	Crunchy Wheat Thin Crackers w/ Cheese Cubes & Water	Peaches, Granola Bake	
PM Snack	Graham Crackers & 100% Juice	Trail Mix & 100% Juice	Nutri-Grain Bar & 100% Juice	Pretzel Sticks & Apple Juice	