



January 2020 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			CLOSED	Nutrigrain, water	Honey buns, water
Lunch				Cheese pizza, green beans, pears, milk	Creamy chicken pasta, peas, apples, milk
PM Snack				Yogurt, water	Oatmeal cookies, water
AM Snack	Whole grain cereal, milk	Seasoned hash browns, water	Apple muffin tops, water	Cheese toast, water	Honey buns, water
Lunch	Mac and cheese, peas and carrots, peaches, milk	Chicken cheddar melt, mixed veggies, pineapple, milk VEG- cheddar melt	Cheese pizza, green beans, oranges, milk	Chicken nuggets, veg. baked beans, apples, milk VEG- veggie nuggets	Teriyaki chicken with lo mien, peas and carrots, pears, milk VEG- veggie lo mien
PM Snack	Apple sauce, graham crackers, water	Cheese-its, water	Rice Krispy treats, water	Chips and nacho cheese, water	Goldfish, water
AM Snack	Cinnamon toast, water	Biscuit and gravy, water	Banana muffins, water	Brown sugar and cinnamon oatmeal, water	Honey buns, water
Lunch	Spaghetti in tomato sauce, mixed veggies, pineapple, milk	Cheese roll-up, carrots, peaches, milk	Italian chicken pasta salad, peas, apples, milk VEG- cheesy pasta salad	Tomato soup, goldfish, oranges, milk	Fish sticks, mashed potatoes, pineapple, milk VEG- veggie nuggets
PM Snack	Chips and salsa, water	Apple sauce, graham crackers, water	Oatmeal cookies, water	Yogurt, water	Rice Krispy treats, water
AM Snack	Nutrigrain bar, water	Pancakes, water	Blueberry muffin, water	Cheese grits, water	Honey buns, water
Lunch	Country baked chicken, diced potatoes, peaches, milk VEG- veggie nuggets	Cheesy chicken penne, peas and carrots, pears, milk VEG- cheesy penne	Mexican chicken rice, corn, oranges, milk VEG- cheesy rice	Italian chicken pasta, green beans, apples, milk VEG- cheesy pasta salad	BBQ chicken sliders, veg. baked beans, pears, milk VEG- Boca burger
PM Snack	Apple muffin tops, water			Yogurt, water	Fruit jello, animal crackers, water
AM Snack	Whole grain cereal, milk	Cheese toast, water	Apple struddles, water	Yogurt, water	Honey buns, water
Lunch	Vegetarian spaghetti in tomato sauce, mixed veggies, pineapple, milk	Chicken nuggets, corn, peaches, milk VEG- veggie nuggets	Cheese pizza, mixed veggies, pears, milk	Chicken parmesan, green beans, apples, milk VEG- veggie nuggets	Teriyaki chicken with lo mien, peas and carrots, oranges, milk VEG- veggie lo mien
PM Snack	Applesauce, graham crackers, water	Goldfish, water	Rice Krispy treats, water	Chips and salsa, water	Oatmeal cookies, water