



October 2020 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				Oatmeal, water ¹	Yogurt, water ²
Lunch				Chicken salad sliders, corn, peaches, milk	Fish sticks, mixed veggies, oranges, milk
PM Snack				String cheese, saltine crackers, water	Oatmeal cookies, water
AM Snack	Nutrigrain bar, water ⁵	Cheese toast, water ⁶	Apple muffin top, water ⁷	Pancakes, water ⁸	Honey buns, water ⁹
Lunch	Mac and cheese, green beans, apples, milk	Creamy chicken rice, peas, pineapple, milk VEG- cheesy rice	Cheese pizza, carrots, pears, milk	BBQ chicken sliders, field peas, tropical fruit, milk VEG- boca burger	Country baked chicken, died potatoes, peaches, milk VEG-veggie nuggets
PM Snack	Goldfish, water	Jell-O, animal crackers, water	Rice krispy treats, water	Mud pie, water	Cheese-its, water
AM Snack	Yogurt, water ¹²	Whole grain cereal, water ¹³	Nutrigrain bar, water ¹⁴	Melted cheese biscuits, water ¹⁵	Waffles, water ¹⁶
Lunch	Spaghetti in tomato sauce, green beans, apples, milk	Grilled swiss on whole grain, tomato soup, oranges, milk	Cheese pizza, mixed veggies, pineapple, milk	Ground turkey chili, saltine crackers, pears, milk VEG- cheesy chili	Chicken nuggets, veg. baked beans, peaches, milk VEG- veggie nuggets
PM Snack	Applesauce, graham crackers, water	Banana pudding, vanilla wafers, water	Oatmeal cookies, water	Goldfish, water	Yogurt, water
AM Snack	Nutrigrain bar, water ¹⁹	Cheese grits, water ²⁰	Blueberry muffin, water ²¹	Brown sugar cinnamon toast, water ²²	²³
Lunch	Chicken soup, saltine crackers, tropical fruit, milk VEG- veggie nuggets & sunbutter sandwich	Italian chicken pasta, peas, apples, milk VEG- cheesy pasta salad	Cheese pizza, mixed veggies, oranges, milk	Creamy chicken pasta, carrots, peaches, milk VEG-cheesy pasta	CLOSED
PM Snack	Cheese-its, water	Rice krispy treat, water	Jell-O, animal crackers, water	Chips and nacho cheese dip, water	
AM Snack	Yogurt, water ²⁶	Nutrigrain bar, water ²⁷	Chocolate chip muffin, water ²⁸	Cheese toast, water ²⁹	Pancakes, water ³⁰
Lunch	Chicken & cheese roll-ups, peas, pears, milk VEG- cheese roll-ups	Teriyaki chicken lo mien, corn, tropical fruit, milk VEG- veggie lo mien	Fish sticks, veg. baked beans, apples, milk VEG-veggie nuggets	Cheesy hamburger macaroni, carrots, peaches, milk VEG- cheesy macaroni	Chicken salad sliders, green beans, oranges, milk VEG-boca burger
PM Snack	Banana pudding, vanilla wafers, water	Goldfish, water	Rice krispy treats, water	Applesauce, graham crackers, water	Oatmeal cookies, water

