



**Carrington
Academy**
A Niskol Learning Community

November Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	2 Cereal, Mixed Fruit, Milk	3 Muffins, Pears, Milk	4 Yogurt Parfaits & Strawberries	5 Cheese Toast, Applesauce, Milk	6 Danish, Oranges, Milk
Lunch	Whole Wheat Cheese Sandwiches, Carrots, Applesauce, Milk	Pasta Alfredo, Peas, Peaches, Milk	Orange Chicken, Rice, Broccoli, Pineapple, Milk Vegetarian: Veggie Patty with Rice	Hamburgers, Corn, Bananas, Milk, Vegetarian: Veggie Slider	Cheese Quesadillas, Green Beans, Pears, Milk
Snack	Graham Crackers, 100% Juice	Goldfish, 100% Juice	Ritz Crackers & Cheese Cubes	Pudding, Vanilla Wafers	Sun Chips, 100% Fruit Juice
Breakfast	9 Muffins, Bananas, Milk	10 Danish, Oranges, Milk	11 Cereal, Peaches, Milk	12 French Toast, Mixed Fruit, Milk	13 Turkey Sausage Biscuits, Melon, Milk
Lunch	Crack Chicken on Rice, Sweet Peas, Mixed Fruit, Milk Vegetarian: Veggie Nuggets	Italian Chicken and Spaghetti, Broccoli, Pears, Milk Vegetarian: Cheesy Spaghetti	Cheese Tortellini, Green Beans, Pears, Milk	Shepherd's Pie, Peas & Carrots, Applesauce, Milk Vegetarian: Veggie Patty	Cheese Pizza, Corn, Pineapple, Milk
Snack	Cheez-its, 100% Fruit Juice	Teddy Grahams, 100% Fruit Juice	Goldfish, 100% Fruit Juice	Animal Crackers, 100% Apple Juice	Strawberry Churros, Water
Breakfast	16 Cereal, Fruit, Milk	17 Waffles, Peaches, Milk	18 Danish, Pears, Milk	19 English Muffin, Bananas, Milk	20 French Toast, Strawberries, Milk
Lunch	Orange Chicken, Rice, Broccoli, Pineapple, Milk Vegetarian: Veggie Slider	Hamburger Steak, Tater Tots, Sweet Peas, Tropical Fruit, Milk Vegetarian: Veggie Burger	Spaghetti Marinara, Corn, Strawberries, Milk	Roasted Chicken, Mashed Potatoes, Green Beans, Fruit Salad and Milk	Turkey & Cheese Sandwiches, Sun Chips, Carrots, Applesauce, Milk Vegetarian: Cheese Sandwich
Snack	String Cheese and Crackers	Graham Crackers, Applesauce	Sun Chips, 100% Fruit Juice	Homemade Pumpkin Bread, Water	Cheez-its, 100% Fruit Juice
Breakfast	23 Cereal, Mixed Fruit, Milk	24 Croissants, Strawberries, Milk	25 Cinnamon rolls, Oranges, Milk	26 No School	27 No School
Lunch	Grilled Cheese with Tomato Soup, Peaches, Milk	BBQ Chicken, Sweet Peas, Pineapple, Milk Vegetarian: Veggie Nuggets	Salisbury Steak, Mashed Potatoes, Green Beans, Pears and Milk	Happy Thanksgiving!!!!	
Snack	Ritz Crackers & 100% Juice	Homemade Chex Mix, 100% Fruit Juice	Animal Crackers and 100% Juice		
Breakfast	30 Muffins, Bananas, Milk				
Lunch	Chicken Burritos, Fiesta Corn, Pineapple, Milk Vegetarian: Bean Burrito				
Snack	Chocolate Pudding & Vanilla Wafers				