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|  | |  | | --- | | **January 2021 Menu** | |  |  |  |  |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  |  |  |  |  | **1** |
| **AM Snack** |  |  |  |  | **Carrington Academy** |
| **Lunch** |  |  |  |  | **Closed** |
| **PM Snack** |  |  |  |  |  |
|  | **4** | **5** | **6** | **7** | **8** |
| **AM Snack** | Waffles, Applesauce, Water | Fresh Fruit Danish, Water | French Toast Sticks, Blueberries, Water | Cereal, Fresh Banana, Milk | Yogurt Parfait, Water |
| **Lunch** | Spaghetti with Meatballs, Green Beans, Tropical Fruit, Milk | Macaroni and Cheese, Broccoli, Applesauce, Milk | Asian Chicken, Streamed Rice, Peas and Carrots, Milk | Turkey Meatballs, Mashed Potatoes, Corn, Oranges, Milk | Chicken Nuggets, Tator Tots, Green Beans, Fresh Banana, Milk |
| **PM Snack** | Graham Crackers, String Cheese, Water | Nutrigrain Bar, Water | Chocolate Pudding, Vanilla Wafers, Water | Cucumbers, Ranch, Saltine Crackers, Water | Snack Mix, Dried Fruit, Water |
|  | **11** | **12** | **13** | **14** | **15** |
| **AM Snack** | Cheese Grits, Toast, Water | Mini Croissant, String cheese, Water | Hard Boiled Eggs, Toast, Water | Blueberry Pancakes, Maple Syrup, Water | Nutrigrain Bar, Water |
| **Lunch** | Yellow rice with chicken, Broccoli, Pineapple, Milk | Pizza Quesadillas, Corn, Oranges, Milk | Baked Italian Ziti, Roasted Zucchini, Tropical Fruit, Milk | Tukey and Cheese Sandwiches, Tator Tots, green beans, Applesauce, Milk | Creamy Chicken and Rice, Corn, Pears, Milk |
| **PM Snack** | Goldfish, Applesauce, Water | Soft Pretzels, Cheese Sauce, Water | Cheese Roll-up, Water | Yogurt Parfait, Water | Fresh Apple Slices, Graham Crackers, Water |
|  | **18** | **19** | **20** | **21** | **22** |
| **AM Snack** | Cheese Toast, Turkey Sausage, Water | Cheesy Hash Browns, Cinnamon Apples, Water | Blueberry Muffins, Milk | Cinnamon Toast, Fresh Banana, Water | Wild Blueberry Oatmeal, Water |
| **Lunch** | Chicken Tenders, Mashed Potatoes, Green Beans, Apples, Milk | Taco Tuesday!  Chicken Taco, Black Beans, Corn, Oranges, Milk | Chicken Patty Sandwich, Broccoli, Tropical Fruit, Milk | Grilled Cheese, Tomato Soup, Pears, Milk | BBQ Chicken, Roll, Green beans, Peaches, Milk |
| **PM Snack** | Oreos, Yogurt, Water | Ritz Crackers, String Cheese, Water | Mini Croissants, Applesauce, Water | Snack Mix, Dried Fruit, Water | Yogurt Parfait, Water |
|  | **25** | **26** | **27** | **28** | **29** |
| **AM Snack** | Strawberry Cream Cheese Bagels, Water | Waffles, Cinnamon Apples, Water | Graham Crackers, Applesauce, Water | Cereal, Fresh Banana, Milk | Cinnamon Rolls, Water |
| **Lunch** | BBQ Meatballs, Steamed Rice, Broccoli, Tropical Fruit, Milk | Chicken Nuggets, Tator Tots, Peas and Carrots, Oranges, Milk | Meatball subs, Corn, Peaches, Milk | Grilled Chicken Alfredo, Broccoli, Pears, Milk | Cheese Quesadillas, Black Beans, Corn, Oranges, Milk |
| **PM Snack** | Pretzel Twists, String Cheese, Water | Chocolate Pudding, Animal Crackers, Water | Nutrigrain Bar, Water | Pretzels, Cucumbers, Ranch, Water | Teddy Grahams, Fresh Banana, Water |
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