



# June 2022 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM Snack</b>			1 Fruity Yogurt, Warm Waffles, Water	2 Blueberry Muffins, Fresh Banana, Water	3 Egg and Cheese English Muffin, Water
<b>Lunch</b>			Crispy Chicken Nuggets, Seasoned Hash browns, Green Beans, Wild Blueberries, Milk	Sweet and Sour Chicken, Steamed Rice, Peas and Carrots, Southern Peaches, Milk	Baked Ziti, Roasted Broccoli, Sweet Pineapple, Milk
<b>PM Snack</b>			Warm Cheesy Roll-up, Fresh Fruit, Water	Graham Crackers, Cinnamon Applesauce, Water	Crunchy Pretzels, Cheese Dip, Water
<b>AM Snack</b>	6 Open-faced Egg and Cheese Toast, Water	7 Breakfast Taco, Orange Slices, Water	8 Fresh Fruit Oatmeal, Milk	9 French Toast Sticks, Seasoned Egg Patty, Water	10 Whole Grain Cereal with Milk, Banana Slices, Water
<b>Lunch</b>	Chicken Hummus Spinach Wrap, Seasoned Green Beans, Sweet Pears, Milk	Cajun Chicken with Red Beans and Rice, Sweet Peas, Peach Slices, Milk	Chicken Parmesan Sliders, Seasoned Broccoli, Wild Blueberries, Milk	Bean and Cheese Burritos, Crispy Corn, Tropical Mangos, Milk	Turkey and Cheese Roll-ups, Pretzels, Mixed Vegetables, Mandarin Oranges, Milk
<b>PM Snack</b>	Trail Mix, Dried Fruit, Water	Animal Crackers, Applesauce, Water	Cheese Crackers, Fresh Fruit, Water	Wheat Thins, Orange Slices, Water	Italian Pizza Toast, Water
<b>AM Snack</b>	13 Seasoned Hash Browns, Egg Patty, Water	14 Strawberry Yogurt Parfaits, Water	15 Warm Waffles, Turkey Sausage, Water	16 Cinnamon Toast, Fresh Banana, Water	17 Mini Cheesy Biscuits Seasoned Egg Patty, Water
<b>Lunch</b>	Sun Butter and Jelly Sandwich, Goldfish, Seasoned Mixed Veggies, Sweet Pineapple, Milk	Breakfast Burrito, Hash Brown Patty, Cinnamon Cooked Carrots, Applesauce, Water	Seasoned Hamburger Steak, White Rice, Garlic Green Beans, Sweet Peaches, Milk	Chicken Alfredo, Roasted Zucchini, Sweet Pears, Milk	Chicken Tacos, Black Beans and Corn Salad, Sweet Oranges, Milk
<b>PM Snack</b>	Fresh Carrot Sticks with Ranch, Saltine Crackers, Water	Animal Crackers, Fresh Cantaloupe, Water	Cinnamon Sweet Potato Crackers, Cheese Slice, Water	Pretzel Twists, Hummus, Water	Goldfish, Fresh Fruit, Water
<b>AM Snack</b>	20 Strawberry Cream Cheese Roll-up, Water	21 French Toast Sticks, Fresh Fruit, Water	22 Toasted Mini Bagels, Seasoned Egg Patty, Water	23 Fruity Yogurt, Buttered Toast, Water	24 Buttermilk Pancakes, Fresh Banana Slices, Water
<b>Lunch</b>	Sausage, Egg and Cheese Sandwich, Cooked Carrots, Pears, Milk	Cheese Pizza, Cooked Broccoli, Sweet Mango, Milk	Teriyaki Chicken Bowl with Steamed White Rice, Sweet Peas, Pineapple Tidbits, Milk	Taco Quesadilla, Seasoned Black Beans, Corn, Mandarin Oranges, Milk	Sautéed Buttered Noodles with Chicken, Seasoned Mixed Veggies, Southern Peaches, Milk
<b>PM Snack</b>	Wheat Thins, American Cheese Slice, Water	Apple Slices, Graham Crackers, Water	Tortilla Chips with Nacho Cheese Dip, Water	Animal Crackers, Tropical Fruit, Water	Goldfish, Cinnamon Applesauce, Water
<b>AM Snack</b>	27 Buttered Toast, Sweet Pears, Water	28 Whole Grain Cereal with Milk, Orange Slices, Water	29 Turkey Sausage English Muffin, Water	30 Warm Blueberry Muffin, Banana Slices, Water	
<b>Lunch</b>	BBQ Chicken, Seasoned Rice, Crispy Corn, Sweet Pineapple, Milk	Cheeseburgers, Vegetarian Baked Beans, Seasoned Green Beans, Wild Blueberries, Milk	Spaghetti with Meat Sauce, Roasted Broccoli, Sweet Peaches, Milk	Grilled Cheese Sandwich, Tator Tots, Seasoned Mixed Veggies, Tropical Mangos, Milk	
<b>PM Snack</b>	Homemade Trail Mix, Dried Cranberries, Water	Sun Butter and Jelly Roll-ups, Water	Cucumbers with Ranch Dressing, Saltine Crackers, Water	Fruity Yogurt Parfaits with Cheerio Topping, Water	