



# SEPTEMBER 2025 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	1	2	3	4	5
LUNCH	CLOSED	Chicken Nuggets, Crispy Corn, Mandarin Oranges, Milk <b>Veggie: Veggie Nuggets</b>	Turkey and Cheese Sandwiches, Green Peas, Tropical Mixed Fruit, Milk <b>Veggie: Cheese Sandwich</b>	Cheese Pizza, Cooked Carrots, Pears, Milk	Cheese Tortellini with Marinara Sauce, Seasoned Green Beans, Sweet Pineapple, Milk
PM SNACK		Ritz Crackers, American Cheese Slices, Water	Chocolate Chip Cookies, Tropical Mangoes, Water	Animal Crackers, Applesauce, Water	Goldfish, Apple Slices, Water <b>Infants/Toddler: Toddlers/Infants: Puffs, Applesauce, Water</b>
BREAKFAST	8	9	10	11	12
LUNCH	Buttermilk Pancakes, Yogurt, Milk	Graham Crackers, Applesauce, Milk	French Toast Sticks, Tropical Mangoes, Milk	Blueberry Muffins, Banana Slices, Milk	Whole Grain Cereal with Milk, Pineapple Tidbits
PM SNACK	Fried Chicken Sandwich, Diced Carrots, Sweet Pineapple, Milk <b>Veggie: Veggie Patty Sandwich</b>	Chicken and Cheese Tacos, Seasoned Black Beans, Mandarin Oranges, Milk <b>Veggie: Veggie Taco</b>	Creamy Chicken and Rice Casserole, Crispy Corn, Southern Peaches, Milk <b>Veggie: Cheesy Rice Casserole</b>	Chicken Parmesan with Pasta, Seasoned Green Beans, Pears, Milk <b>Veggie: Veggie Patty with Pasta</b>	Grilled Chicken Alfredo, Green Peas, Fruit Cocktail, Milk <b>Veggie: Veggie Alfredo</b>
	Veggie Crackers, American Cheese Slices, Water <b>Toddlers/Infants: Cheerios and Cheese Slices</b>	Vanilla Wafers, Pears, Water	Cheez-its, Tropical Mixed Fruit, Water <b>Toddlers/Infants: Ritz Crackers, Mixed Fruit</b>	Homemade Trail Mix, Apple Slices, Water	Animal Crackers, Yogurt, Water
BREAKFAST	15	16	17	18	19
LUNCH	Butter Biscuit, Fruit Yogurt & Milk	Whole Grain Cereal with Milk, Sweet Peaches	Cheese Toast, Turkey Sausage, Milk <b>Veggie: Veggie Patty</b>	Mini Bagels with Cream Cheese, Seasoned Egg Patty, Milk	Animal Crackers, Fruit Yogurt, Milk
PM SNACK	Grilled Cheese, Steamed Carrots, Sweet Oranges, Milk	Chicken Salad Croissants, Green Beans, Pears, Milk <b>Veggie: Cheese Croissant</b>	Diced BBQ Chicken, Seasoned Mixed Veggie, Fruit Cocktail, Milk <b>Veggie: Veggie Patty Sandwich</b>	Chicken and Cheese Biscuit, Crispy Corn, Pineapple Tidbits, Milk <b>Veggie: Veggie Patty Biscuit</b>	Macaroni and Cheese, Sweet Peas, Southern Peaches, Milk
	Graham Crackers, Applesauce, Water	Veggie Crackers, American Cheese Slices, Water <b>Toddlers/Infants: Puffs and Cheese Slices</b>	Vanilla Wafers, Vanilla Pudding, Water	Fig Newton Cookie, Banana, Water	Cheez-its, Apple Slices, Water <b>Toddlers/Infants: Puffs and Applesauce</b>
BREAKFAST	22	23	24	25	26
LUNCH	EGGO Waffles, Sweet Pineapple, Milk	English Muffin w/ Sugar free jelly, Applesauce, Milk	Cinnamon Toast, Fruit Salad & Milk	Buttermilk Pancakes, Pears, Milk	Whole Grain Cereal with Milk, Orange Slices
PM SNACK	Seasoned Chicken Patty, Mashed Potatoes, Green Peas, Pears, Milk <b>Veggie: Veggie Patty</b>	Chicken Nuggets, Crispy Corn, Tropical Mixed Fruit, Milk <b>Veggie: Veggie Nuggets</b>	Cheese Quesadillas, Seasoned Mixed Veggies, Sweet Oranges, Milk	Cheese Tortellini with Alfredo Sauce, Diced Carrots, Southern Peaches, Milk	Cheesy Ziti, Seasoned Green Beans, Pineapple Tidbits, Milk
	Chocolate Chip Cookies, Sweet Peaches, Water	Animal Crackers, Tropical Mangoes, Water	Homemade Trail Mix, Apple Slices, Water	Blueberry Muffins, Banana Slices, Water	Vanilla Wafers, Fruity Yogurt, Water
BREAKFAST	29	30			
LUNCH	French Toast Sticks, Yogurt, Water	Whole Grain Cereal with Milk, Pears			
PM SNACK	Cheese Pizza, Crispy Corn, Sweet Peaches, Milk	Broccoli Macaroni and Cheese, Diced Carrots, Sweet Pineapple, Milk			
	Goldfish, Apple Slices, Water <b>Toddler/Infants: Puffs and Applesauce</b>	Sweet Potato Crackers, American Cheese Slices, Water			

**CARRINGTON ACADEMY PRESCHOOL**  
Home of the Cheetahs