



September

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	5
AM Snack		Whole Grain Cereal with Milk, Pineapple Tidbits	EGGO Waffles, Southern Peaches, Water	Warm Croissants, Banana, Water	Sweet Potato Crackers, Strawberry Yogurt, Water
Lunch	CLOSED	Chicken Nuggets, Crispy Corn, Mandarin Oranges, Milk Veggie: Veggie Nuggets	Turkey and Cheese Sandwiches, Green Peas, Tropical Mixed Fruit, Milk Veggie: Cheese Sandwich	Cheese Pizza, Cooked Carrots, Pears, Milk	Cheese Tortellini with Marinara Sauce, Seasoned Green Beans, Sweet Pineapple, Milk
PM Snack		Ritz Crackers, American Cheese Slices, Water	Chocolate Chip Cookies, Tropical Mangoes, Water	Cheese crackers, Applesauce, Water	Graham Crackers, Apple Slices, Water Infants/Toddler: Toddlers/Infants: Puffs, Applesauce, Water
	8	9	10	11	12
AM Snack	Buttermilk Pancakes, Yogurt, Water	Graham Crackers, Applesauce, Water	French Toast Sticks, Tropical Mangoes, Water	Blueberry Muffins, Banana Slices, Water	Whole Grain Cereal with Milk, Pineapple Tidbits
Lunch	Fried Chicken Sandwich, Diced Carrots, Sweet Pineapple, Milk Veggie: Veggie Patty Sandwich	Chicken and Cheese Tacos, Seasoned Black Beans, Mandarin Oranges, Milk Veggie: Veggie Taco	Creamy Chicken and Rice Casserole, Crispy Corn, Southern Peaches, Milk Veggie: Cheesy Rice Casserole	Chicken Parmesan with Pasta, Seasoned Green Beans, Pears, Milk Veggie: Veggie Patty with Pasta	Grilled Chicken Alfredo, Green Peas, Fruit Cocktail, Milk Veggie: Veggie Alfredo
PM Snack	Veggie Crackers, American Cheese Slices, Water Toddlers/Infants: Cheerios and Cheese Slices	Vanilla Wafers, Pears, Water	Cheez-its, Tropical Mixed Fruit, Water Toddlers/Infants: Ritz Crackers, Mixed Fruit	Homemade Trail Mix, Apple Slices, Water	Ritz Crackers, Yogurt, Water
	15	16	17	18	19
AM Snack	French Toast Sticks, Yogurt, Water	Whole Grain Cereal with Milk, Sweet Peaches	Cheese Toast, Turkey Sausage, Water Veggie: Veggie Patty	Mini Bagels with Cream Cheese, Seasoned Egg Patty, Water	Vanilla Wafers Fruit Yogurt, Water
Lunch	Grilled Cheese, Steamed Carrots, Sweet Oranges, Milk	Chicken Salad Croissants, Green Beans, Pears, Milk Veggie: Cheese Croissant	Diced BBQ Chicken, Seasoned Mixed Veggie, Fruit Cocktail, Milk Veggie: Veggie Patty Sandwich	Chicken and Cheese Biscuit, Crispy Corn, Pineapple Tidbits, Milk Veggie: Veggie Patty Biscuit	Macaroni and Cheese, Sweet Peas, Southern Peaches, Milk
PM Snack	Graham Crackers, Applesauce, Water	Veggie Crackers, American Cheese Slices, Water Toddlers/Infants: Puffs and Cheese Slices	Vanilla Wafers, Vanilla Pudding, Water	Yogurt, Banana, Water	Cheez-its, Apple Slices, Water Toddlers/Infants: Puffs and Applesauce
	22	23	24	25	26
AM Snack	EGGO Waffles, Sweet Pineapple, Water	Graham Crackers, Applesauce, Water	Cheerios, Strawberry Yogurt, Water	Buttermilk Pancakes, Pears, Water	Whole Grain Cereal with Milk, Orange Slices
Lunch	Seasoned Chicken Patty, Mashed Potatoes, Green Peas, Pears, Milk Veggie: Veggie Patty	Chicken Nuggets, Crispy Corn, Tropical Mixed Fruit, Milk Veggie: Veggie Nuggets	Cheese Quesadillas, Seasoned Mixed Veggies, Sweet Oranges, Milk	Cheese Tortellini with Alfredo Sauce, Diced Carrots, Southern Peaches, Milk	Cheesy Ziti, Seasoned Green Beans, Pineapple Tidbits, Milk

PM Snack	Chocolate Chip Cookies, Sweet Peaches, Water	Crackers, Tropical Mangoes, Water	Homemade Trail Mix, Apple Slices, Water	Blueberry Muffins, Banana Slices, Water	Vanilla Wafers, Fruity Yogurt, Water
AM Snack	29	30			
	French Toast Sticks, Yogurt, Water	Whole Grain Cereal with Milk, Pears			
Lunch	Cheese Pizza, Crispy Corn, Sweet Peaches, Milk	Broccoli Macaroni and Cheese, Diced Carrots, Sweet Pineapple, Milk			
PM Snack	Graham Crackers, Apple Slices, Water Toddler/Infants: Puffs and Applesauce	Sweet Potato Crackers, American Cheese Slices, Water			

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