



September 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	5
Breakfast		Apples, whole grain cereal, milk	Fig bar, vanilla yogurt, milk	Cheese toast, egg patty, water	Bagels, cream cheese, milk
Lunch	Carrington Academy Closed- Happy Labor Day!	Italian pasta with meatless crumbles, green beans, pineapple, milk	Cheese pizza, carrots, peaches, milk	Cheesy Spanish rice, corn, tropical fruit, milk	BBQ Chicken sliders, mixed veggies, pears, milk VEG- veggie burger
PM Snack		Veggie crackers, cream cheese, water	Applesauce, graham crackers, water	Banana, vanilla wafers, water	Strawberry yogurt, animal crackers, water
	8	9	10	11	12
Breakfast	Waffles, applesauce, milk	Creamy blueberry oatmeal, milk	Blueberry muffin, applesauce, milk	Cinnamon sugar toast, mangoes, milk	Whole grain cereal, banana, milk
Lunch	Chicken Alfredo pasta, pears, oranges, milk VEG- Meatless Alfredo pasta	Fish sticks, diced potatoes, peaches, milk VEG- veggie nuggets	Cheese roll-up, tomato soup, carrots, pineapple, milk	Fried chicken & cheese sandwich, corn, pears, milk VEG- cheese veggie burger	Chicken salad sliders, green beans, tropical fruit, milk VEG- cheese slider
PM Snack	Apple slices, sweet potato crackers, water	Garlic bread, marinara sauce, water	Ritz crackers, sliced cheese, water	Vanilla pudding, vanilla wafers, water	Fresh oranges, cheez-its, water
	15	16	17	18	19
Breakfast	Yogurt, granola, milk	Bagels, cream cheese, milk	Banana muffin, pineapple, milk	French toast, mangoes, milk	Apple muffin top, yogurt, milk
Lunch	Mac n cheese, carrots, peaches, milk	Chicken nuggets, baked beans, oranges, milk VEG- veggie nuggets	Cheese pizza, green beans, pears, milk	Chicken potato bowl, corn, tropical fruit, milk VEG- cheesy potato bowl	Cheese roll-ups, mixed veggies, pineapple, milk
PM Snack	Applesauce, graham crackers, water	Trail mix, pineapple, water	Soft pretzel, hummus, water	Banana, sweet potato crackers, water	Fresh apple slices, animal crackers, water
	22	23	24	25	26
Breakfast	Biscuit, egg patty, milk	Creamy peach oatmeal, milk	Fig bar, yogurt, milk	Pancake, turkey sausage, milk	Banana, whole grain cereal, milk
Lunch	Butter rice with chicken, green beans, oranges, milk VEG- butter rice with meatless crumbles	Chicken parmesan pasta, carrots, pineapple, milk VEG- parmesan pasta	Turkey and cheese roll-up, peas, peaches, milk VEG- cheese roll-up	Chicken salad sliders, mixed veggies, pears, milk VEG- cheese slider	Fish sticks, diced potatoes, tropical fruit, milk VEG- veggie nuggets
PM Snack	Fresh apple slices, vanilla wafers, water	Saltine crackers, sliced cheese, water	Garlic bread, marinara sauce, water	Yogurt, animal crackers, water	Graham crackers, applesauce, water
	29	30			
Breakfast	Croissant, cream cheese, milk	French toast, mangoes, milk			
Lunch	Teriyaki chicken rice, mixed veggies, peaches, milk VEG- teriyaki rice with meatless crumbles	TACO TUESDAY! Chicken tacos, corn, tropical fruit, milk VEG- cheese quesadilla			
PM Snack	Yogurt, vanilla wafers, water	Applesauce, graham crackers, water			