

OCTOBER 2025 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
AM Snack			Cereal w/ Milk	Toast w/ Jelly, Blueberries, Water	Yogurt Parfait, Graham Crackers, Water
Lunch			Creamy Chicken 'n' Rice, Applesauce, Mixed Veggies, Milk	Spaghetti W/ Ground Turkey, Green Beans, Pears, Milk	PJ Day! – Breakfast for Lunch Pancakes, Turkey Sausage, Banana, Hashbrowns, Milk
PM Snack			Fig Newtons, Dried Cranberries, Water (Infants – Beginners Pears)	National Farm Animal Day! Animal Crackers, Oranges, Water	Cheese-Its, Applesauce, Water
5pm Snack			Nutri-Grain & Juice	Saltine Crackers, Cheese Slices, Water	Ritz Crackers & Juice
	6	7	8	9	10
AM Snack	Animal Crackers, Banana & Apples, Water	Buttermilk Pancakes w/ Syrup, Peaches, Water	Cheerios, Yogurt Cups, Water	Fruit Muffins, Blueberries, Water	Nutri-Grain Bar, Banana, Water
Lunch	National Noodle Day! Chicken Lo'Mein, Steamed Broccoli, Oranges, Milk	National Taco Day! Ground Turkey Tacos, Black Beans, Pineapples, Milk	Yellow Rice w/ Chicken, Sweet Green Peas Pears, Milk	Grilled Cheese, Carrots, Peaches, Milk	Cheesy Pizza, Salad w/ Ranch, Mixed Fruit, Milk
PM Snack	String Cheese, Ritz Crackers , Water	Carrot Sticks w/ Ranch, Saltine Crackers, Water	Oreos, Banana, Water	National Bring your Teddy to School! Teddy Grahams, Mixed Fruit, Water	Goldfish, Apples, Water
5pm Snack	Graham Crackers & White Grape Juice	Pirates Booty, Applesauce, Water	Cheese-its & Apple Juice	Fig Newton, Applesauce, Water	Chex Mix , Fruit, Water
	13	14	15	16	17
AM Snack	Buttermilk Biscuits, Turkey Sausage, Water	Mini Bagels w/ Cream Cheese, Mixed Berries, Water	Graham Crackers, Apples, Water	Fruit Danish & Milk	Cinnamon Toast, Banana, Water
Lunch	All American Chili (w/ ground turkey), Mixed Veggies, Apples, Milk	Chicken Parmesan Sliders, Italian Green Beans, Mixed Fruit, Milk	Turkey & Cheese Sandwiches, Carrots, Applesauce, Milk	Chicken Nuggets, Sweet Corn, Peaches, Milk	National Pasta Day! Mac & Cheese, Sweet Green Peas, Pears, Milk
PM Snack	Fig Newton Cookies, Banana, Water	National M&M Day! Trail Mix, Blueberries, Water	Pink Out Day! Strawberry and Cream Chex Mix, Banana, Water	Ritz Crackers, Oranges, Water	Saltine Cracker, Turkey Pepperonis, Water
5pm Snack	Animal Crackers, Applesauce, Water	Nutri-Grain Bar, Banana, Water	Graham Crackers & Juice	Cheese – its, Applesauce, Water	Fig Newton & Juice
	20	21	22	23	24
AM Snack	Nutri-Grain Bar, Banana, Water	National Apple Day! Apple Cinnamon Muffins & Milk	Animal Crackers, Blueberries, Water	Cereal w/ Milk	Waffles w/ Syrup, Mangos, Water
Lunch	National Mashed Potato Day! Chicken Patty, Peas & Carrots, Mashed Potatoes, Cinnamon Applesauce, Milk	Grilled Cheese, Green Beans, Peaches, Milk	Red Beans & Rice w/ Chicken, Green Peas, Mixed Fruit, Milk	BQQ Chicken Sandwich, Mixed Veggies, Sweet Oranges, Milk	Butter Noodles w/ Grilled Chicken, Steamed Broccoli, Sweet Pears, Milk
PM Snack	Vanilla Wafers, Peaches, Water	National Apple Day! Graham Crackers, Apples, Water	Fig Newton, Mangos, Water	Mini Croissants , Cheese Slices, Water	Chocolate Chip Cookies, Banana, Water
5pm Snack	Graham Crackers, Banana, Water	Ritz Crackers, Oranges, Water	Cheese – Its & Juice	Nutri-Grain Bar, Banana, Water	Animal Crackers & Juice
	27	28	29	30	31
AM Snack	Mini Croissants, Cinnamon Apples, Water	Scrambled Eggs, Toast w/ Jelly, Water	Yogurt Cups, Graham Crackers, Water	Strawberry Cream Cheese Bagels, Blueberries, Water	Cereal w/ Milk
Lunch	Cheesy Cheeseburger, Veggie Baked Beans, Peaches, Milk	Pizza Pasta, Salad w/ Italian Dressing, Sweet Pears, Milk	National HERO Day! Hero Sandwich (Tukey & Cheese), Power Up Veggies (Carrots & Cucumbers), Hero Hearts (Apples), Hero Fuel (Milk)	Southern Chicken 'n' Dumplings, Glazed Sweet Potatoes, Cinnamon Applesauce, Milk	HAPPY HALLOWEEN Cheddar Melts, Goblin Stew (Tomato Soup), Diced Carrots, Banana, Midnight Milk (Chocolate Milk)
PM Snack	National Black Cat Day! Oreos, Oranges, Water	National Pumpkin Day! Pumpkin Pie Bites w/ Cool Whip, Graham Crackers, Water	Pirates Booty, Banana, Water	National Candy Corn Day! Candy Corn Fruit Salad (Pears, Mangos, Oranges, Fig Newton Bar, Water	CLASSROOM HALLOWEEN PARTIES!
5pm Snack	Nutri-Grain Bar, Applesauce , Water	Trail Mix, Blueberries, Water	Teddy Grahams & White Grape Juice	Strawberry and Cream Chex Mix, Banana, Water	Animal Cracker, Applesauce, Water

