



February

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
Breakfast	Buttermilk Pancakes, Fruity Yogurt, Milk	Whole Grain Cereal with Milk, Sweet Peaches	EGGO Waffle, Turkey Sausage, Milk Veggie: Veggie Patty	Cinnamon Toast, Fresh Banana, Milk	Graham Crackers, Strawberry Yogurt, Milk
Lunch	Egg and Cheese Sandwich, Seasoned Mixed Veggies, Mandarin Oranges, Water	Chicken and Cheese Tacos, Crispy Corn, Tropical Mixed Fruit, Milk Veggie: Veggie and Cheese Taco	Chicken Fried Rice, Cooked Carrots, Pineapple Tidbits, Milk Veggie: Veggie Fried Rice	Chicken Salad Croissants, Green Peas, Tropical Mangoes, Milk Veggie: Cheese Croissant	Grilled Chicken Alfredo, Seasoned Green Beans, Pears, Milk Veggie: Veggie Alfredo
PM Snack	Cheez-its, Apple Slices, Water (Infants and Toddlers-Applesauce)	Vanilla Wafers, Pears, Water	Homemade Trail Mix, American Cheese Slices, Water	Animal Crackers, Southern Peaches, Water	Goldfish, Applesauce, Water
	9	10	11	12	13
Breakfast	EGGO Waffles, Strawberry Yogurt, Milk	Whole Grain Cereal with Milk, Sweet Peaches	Animal Crackers, Applesauce, Milk	French Toast Sticks, Mixed Fruit, Milk	Turkey Sausage Biscuit, Milk
Lunch	Cheese Quesadillas, Crispy Corn, Sweet Oranges, Milk	Diced BBQ Chicken Sandwich, Seasoned Mixed Veggies, Pineapple Tidbits, Milk Veggie: Veggie Patty Sandwich	Tukey and Cheese Roll-ups, Seasoned Green Beans, Pears, Milk Veggie: Extra Cheesy Roll-ups	Cheese Tortellini with Marinara Sauce, Cooked Carrots, Sweet Peaches, Milk	Chicken Noodle Soup, Warm Biscuit, Seasoned Mixed Veggies, Tropical Mangoes, Milk Veggie: Veggie Noodle Soup
PM Snack	Graham Crackers, Tropical Mixed Fruit, Water	Warm Croissants, American Cheese Slices, Water	Vanilla Wafers, Vanilla Pudding, Water	Fig Newton, Fresh Banana, Water	Cheez-its, Apple Slices, Water (Infants and Toddlers-Applesauce)
	16	17	18	19	20
Breakfast		Whole Grain Cereal with Milk, Pineapple Tidbits	Buttermilk Pancakes, Tropical Mangoes, Milk	Blueberry Muffins, Banana Slices, Milk	Graham Crackers, Fruity Yogurt, Milk
Lunch	CLOSED	Grilled Cheese, Crispy Corn, Tropical Mixed Fruit, Milk	Italian Pasta Salad with Mozzarella Cheese, Green Beans, Pears, Milk	Seasoned Chicken Patty, Mashed Potatoes, Cooked Carrots, Sweet Peaches, Milk Veggie: Veggie Patty	Cheesy Ziti, Garlic Bread, Sweet Peas, Pineapple Tidbits, Milk
PM Snack	Professional Development Day	Goldfish, Applesauce, Water	Animal Crackers, Mandarin Oranges, Water	Veggie Crackers, Mixed Fruit, Water	Ritz Crackers, American Cheese Slices, Water
	23	24	25	26	27
Breakfast	EGGO Waffles, Strawberry Yogurt, Milk	Animal Crackers, Applesauce, Milk	Warm Croissant, Seasoned Egg Patty, Milk	Cheese Toast, Turkey Sausage Patty, Milk Veggie: Veggie Patty	Whole Grain Cereal with Milk, Pineapple Tidbits
Lunch	Macaroni and Cheese, Steamed Carrots, Pears, Milk	Cheesy Spanish Rice, Crispy Corn, Orange Slices, Milk	Chicken Nuggets, Vegetarian Baked Beans, Green Peas, Tropical Mangoes, Milk Veggie: Veggie Nuggets	Fried Chicken Sandwich, Seasoned Mixed Veggies, Mandarin Oranges, Milk Veggie: Veggie Patty Sandwich	Cheese Pizza, Green Beans, Southern Peaches, Milk
PM Snack	Goldfish, Pineapple Tidbits, Water	Trail Mix, American Cheese Slices, Water	Sweet Potato Crackers, Tropical Mixed Fruit, Water	Chocolate Chip Cookie, Fresh Banana, Water	Graham Crackers, Fruity Yogurt, Water

CARRINGTON ACADEMY PRESCHOOL
Home of the Cheetahs