



# July 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
<b>Breakfast</b>			Cheese Toast, Turkey Sausage, Milk <b>Veggie: Veggie Patty</b>	Buttermilk Pancakes, Apple Slices, Milk <b>Toddlers/Infants: Applesauce</b>	<b>CLOSED</b>
<b>Lunch</b>			Chicken Patty, Mashed Potatoes, Crispy Corn, Tropical Mangoes, Milk <b>Veggie: Veggie Patty</b>	Cheese Pizza, Diced Carrots, Pears, Milk	
<b>PM Snack</b>			Graham Crackers, Sweet Peaches, Water	Fig Newton, Banana, Water	
	6	7	8	9	10
<b>Breakfast</b>	EGGO Waffles, Applesauce, Milk	Whole Grain Cereal with Milk, Sweet Pineapple	French Toast Sticks, Egg Patty, Milk	Blueberry Muffins, Banana, Milk	Bagels, Turkey Sausage, Milk
<b>Lunch</b>	Cheese Quesadillas, Crispy Corn, Sweet Peaches, Milk	Chicken and Cheese Biscuit, Green Beans, Mandarin Oranges, Milk <b>Veggie: Veggie Patty Biscuits</b>	Chicken Salad Croissants, Cooked Carrots, Sweet Peas, Milk <b>Veggie: Cheese Croissant</b>	Grilled Chicken Alfredo, Sweet Peas, Tropical Mixed Fruit, Milk <b>Veggie: Veggie Patty Alfredo</b>	Chicken Nuggets, Vegetarian Baked Beans, Pineapple Tidbits, Milk <b>Veggie: Veggie Nuggets</b>
<b>PM Snack</b>	Sweet Potato Crackers, Pears, Water	Vanilla Wafers, Pineapple Tidbits, Water	Cheerios, Applesauce, Water	Ritz Crackers w/ American Cheese Slices, Water	Animal Crackers, Mangoes, Water
	13	14	15	16	17
<b>Breakfast</b>	Buttermilk Pancakes, Pears, Milk	Biscuit w/ Jelly, Applesauce, Milk	EGGO Waffles, Pineapple Tidbits, Milk	Blueberry Muffin, Egg Patty, Milk	Whole Grain Cereal with Milk, Oranges
<b>Lunch</b>	Macaroni and Cheese, Green Peas, Sweet Pineapple, Milk	Broccoli Cheese Rice, Crispy Corn, Sweet Oranges, Milk	Diced BBQ Chicken Sandwich, Steamed Carrots, Tropical Mangoes, Milk <b>Veggie: Veggie Patty Sandwich</b>	Chicken Parmesan with Pasta, Seasoned Green Beans, Sweet Peaches, Milk <b>Veggie: Veggie Patty Parmesan</b>	Turkey and Cheese Sandwiches, Seasoned Mixed Veggies, Tropical Mixed Fruit, Milk <b>Veggie: Cheese Sandwich</b>
<b>PM Snack</b>	Homemade Trail Mix, American Cheese Slices, Water	Cheez-its, Sweet Peaches, Water <b>Toddlers/Infants: Puffs and Peaches</b>	Croissant, American Cheese Slices, Water	Vanilla Wafers, Apple Slices, Water <b>Toddlers/Infants: Applesauce</b>	Goldfish w/ Pears, Water <b>Toddlers/Infants: Puffs</b>
	20	21	22	23	24
<b>Breakfast</b>	EGGO Waffles, Sausage Patty, Milk	Whole Grain Cereal with Milk, Sweet Oranges	French Toast Sticks, Pears, Milk	Cheese Toast, Mangoes, Milk	Bagels, Applesauce, Milk
<b>Lunch</b>	Cheese Quesadillas, Green Beans, Tropical Mixed Fruit, Milk	Egg Patty, EGGO Waffle, Diced Carrots, Southern Peaches, Milk	Cheesy Ziti, Sweet Peas, Pineapple Tidbits, Milk	Fried Chicken Sandwich, Mixed Veggies, Mixed Fruit, Milk <b>Veggie: Veggie Patty Sandwich</b>	Cheese Pizza, Crispy Corn, Sweet Oranges, Milk
<b>PM Snack</b>	Goldfish, Apple Slices, Water <b>Toddlers/Infants: Puffs and Applesauce</b>	Ritz Crackers, American Cheese Slices, Water	Graham Crackers, Banana, Water	Animal Crackers, Yogurt, Water	Vanilla Wafers, Peaches, Water
	27	28	29	30	August 1
<b>Breakfast</b>	Buttermilk Pancakes, Applesauce, Milk	Blueberry Muffin, Mandarin Oranges, Milk	English Muffin, Seasoned Egg Patty, Milk	EGGO Waffles, Apple Slices, Milk <b>Toddlers/Infants: Applesauce</b>	<b>CLOSED</b>
<b>Lunch</b>	Grilled Cheese, Tomato Soup, Mixed Veggies, Mandarin Oranges, Milk	Chicken and Waffles, Diced Carrots, Pineapple Tidbits, Milk <b>Veggie: Veggie Nuggets and Waffle</b>	Cheese Tortellini with Marinara Sauce, Green Beans, Southern Peaches, Milk	Chicken and Cheese Tacos, Crispy Corn, Tropical Mangoes, Milk <b>Veggie: Veggie Patty Taco</b>	
<b>PM Snack</b>	Veggie Crackers, American Cheese Slices, Water	Shortbread Cookies, Pears, Water	Cheez-its, Banana, Water <b>Toddlers/Infants: Puffs and Banana</b>	Graham Crackers, Mandarin Oranges, Water	

**CARRINGTON ACADEMY PRESCHOOL**  
Home of the Cheetahs