



AUGUST 2026 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6	7
AM SNACK	Whole Grain Cereal with Milk, Sweet Peaches	Cheese Toast, Apple Slices, Milk	Blueberry Muffins, Banana, Milk	Graham Crackers, Tropical Mangoes, Milk	Frech Toast Sticks, Apple Sauce & Milk
LUNCH	Cheesy Broccoli Rice, Crispy Corn, Mandarin Oranges, Milk	Vegetarian Tacos, Green Beans, Pineapple Tidbits, Milk	Cheese Quesadillas, Seasoned Mixed Veggies, Tropical Mixed Fruit, Milk	Baked Macaroni and Cheese with Ritz Topping, Seasoned Diced Carrots, Sweet Peaches, Milk	Marinara Pasta, English Peas, Pears and Milk
PM SNACK	Chocolate Chip Cookies, Tropical Mixed Fruit, Water	Sweet Potato Crackers, American Cheese Slices, Water	Cheez-its, Pears, Water Toddlers/Infant: Puffs and Pears	Animal Crackers, Yogurt, Water	Vanilla Wafers, Pudding and Water
	10	11	12	13	14
AM SNACK	Buttermilk Pancakes, Yogurt, Milk	Graham Crackers, Applesauce, Milk	Cheese Toast, Seasoned Egg Patty, Milk	Blueberry Muffins, Fresh Banana, Milk	Whole Grain Cereal with Milk, Southern Peaches
LUNCH	Cheese Quesadillas, Crispy Corn, Sweet Peaches, Milk	Macaroni and Cheese, Green Peas, Mandarin Oranges, Milk	Cheese Pizza, Diced Carrots, Pears, Milk	Bean and Cheese Burrito, Seasoned Mixed Veggies, Tropical Mixed Fruit, Milk	Cheesy Ziti, Green Beans, Pineapple Tidbits, Milk
PM SNACK	Goldfish, Sweet Pineapple, Water Toddlers/Infants: Puffs and Pineapple	Warm Croissants, American Cheese Slices, Water	Chocolate Chip Cookies, Tropical Mangoes, Water	Animal Crackers, Yogurt, Water	Ritz Crackers, American Cheese Slices, Water
	17	18	19	20	21
AM SNACK	French Toast Sticks, Applesauce, Milk	Whole Grain Cereal with Milk, Pears	Mini Bagel with Cream Cheese, Tropical Mixed Fruit, Milk	EGGO Waffle, Strawberry Yogurt, Milk	Animal Crackers, Tropical Mangoes, Milk
LUNCH	Grilled Cheese, Crispy Corn, Tropical Mangoes, Milk	Sun Butter and Jelly Sandwiches, Green Peas, Mixed	Cheesy Mashed Potato Bowl, Seasoned Mixed Veggies, Mandarin Oranges, Milk	Red Beans and Rice, Combread, Seasoned Green Beans, Pears, Milk	Broccoli Alfredo, Steamed Carrots, Southern Peaches, Milk
PM SNACK	Graham Crackers, Yogurt, Water	Cheez-its, Sweet Peaches, Water Toddlers/Infants: Ritz and Peaches	Vanilla Wafers, Vanilla Pudding, Water	Fig Newton, Fresh Banana, Water	Goldfish, Apple Slices, Water Toddlers/Infants: Puffs and Applesauce
	24	25	26	27	28
AM SNACK	Cheese Biscuit, Egg Patty, Milk	Sweet Potato Crackers, Yogurt, Milk	Buttermilk Pancakes, Sweet Peaches, Milk	Warm Croissant, Banana Slices, Milk	Whole Grain Cereal with Milk, Fruit Cocktail
LUNCH	Italian Pasta Salad with Mozzarella Cheese, Seasoned Green Beans, Pears, Milk	Cheesy Spanish Rice, Crispy Corn, Tropical Mangoes, Milk	Cheese Pizza, Mixed Veggies, Mandarin Oranges, Milk	Cheese Tortellini with Marinara Sauce, Green Peas, Pineapple Tidbits, Milk	Egg and Cheese Sandwich, Cooked Carrots, Southern Peaches, Milk
PM SNACK	Animal Crackers, Apple Slices, Water Toddlers/Infants: Puffs and Applesauce	Ritz Crackers, American Cheese Slices, Water	Vanilla Wafers, Tropical Mixed Fruit, Water	Homemade Trail Mix, Applesauce, Water	Goldfish, Yogurt, Water Toddlers/Infants: Puffs and Yogurt
	31				
AM SNACK	EGGO Waffle, Yogurt, Milk				
LUNCH	Cheesy Croissant, Tomato Soup, Sweet Peas, Pears, Milk				
PM SNACK	Goldfish, Applesauce, Water Toddlers/Infant: Ritz and Applesauce				

CARRINGTON ACADEMY PRESCHOOL
Home of the Cheetahs