



August 2026 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6	7
Breakfast	Blueberry Muffin, Banana, Milk	Pancakes w/ Syrup, Apple Slices, Milk Infants/Toddlers: Applesauce	Cheesy Grits, Fresh Strawberries, Milk	Bagel w/ Cream Cheese, Tropical Mangoes, Milk	French Toast Sticks w/ Syrup, Turkey Sausage & Milk
Lunch	Cheesy Broccoli Rice, Steamed Corn, Mandarin Oranges, Milk	Vegetarian Tacos, Green Beans, Pineapple Tidbits, Milk	Cheese Quesadillas, Seasoned Mixed Veggies, Sliced Oranges, Milk Toddlers/Infant: Mandarin Oranges	Baked Macaroni and Cheese Casserole with Ritz Topping, Seasoned Diced Carrots, Sweet Peaches, Milk	Sun Butter & Jelly Sandwich, English Peas, Pears and Milk
PM Snack	Graham Crackers, Tropical Mixed Fruit, Water	Ritz Crackers, American Cheese Slices, Water	Cheez-its, Pears, Water Toddlers/Infant: Puffs and Pears	Animal Crackers, Yogurt, Water	Vanilla Wafers, Pudding and Water
	10	11	12	13	14
AM Snack	Buttermilk Pancakes w/ Syrup, Turkey Sausage, Milk	Biscuits & Jam, Applesauce, Milk	Cheese Toast, Seasoned Egg Patty, Milk	Cinnamon Oatmeal, Fresh Banana, Milk	Whole Grain Cereal with Milk, Southern Peaches
Lunch	Cheese Quesadillas, Corn, Sweet Peaches, Milk	Macaroni and Cheese, Green Peas, Mandarin Oranges, Milk	Cheese Pizza, Diced Carrots, Pears, Milk	Bean and Cheese Burrito, Seasoned Mixed Veggies, Tropical Mixed Fruit, Milk	Cheesy Ziti, Green Beans, Pineapple Tidbits, Milk
PM Snack	Goldfish, Sweet Pineapple, Water Infants/Toddlers: Puffs and Pineapple	Warm Croissants, American Cheese Slices, Water	Sweet Potato Crackers, Tropical Mangoes, Water	Animal Crackers, Yogurt, Water	Ritz Crackers, American Cheese Slices, Water
	17	18	19	20	21
AM Snack	Oatmeal w/ Fresh Strawberries, Milk	Whole Grain Cereal with Milk, Pears	Mini Bagel with Cream Cheese, Banana, Milk	EGGO Waffle w/ Syrup, Strawberry Yogurt, Milk	Jelly Toast, Tropical Mangoes, Milk
Lunch	Grilled Cheese, Crispy Corn, Tropical Mangoes, Milk	Sun Butter and Jelly Sandwiches, Green Peas, Mixed Fruit, Milk	Cheesy Mashed Potato Bowl, Seasoned Mixed Veggies, Mandarin Oranges, Milk	Red Beans and Rice, Cornbread, Seasoned Green Beans, Pears, Milk	Cheesy Alfredo, Steamed Broccoli, Southern Peaches, Milk
PM Snack	Graham Crackers, Yogurt, Water	Cheez-its, Sweet Peaches, Water /Infants/Toddlers: Ritz and Peaches	Vanilla Wafers, Vanilla Pudding, Water	Fig Newton, Applesauce, Water	Goldfish, Strawberries, Water Infants/Toddlers: Puffs and Strawberries
	24	25	26	27	28
AM Snack	Cheese Biscuit, Egg Patty, Milk	Bagel w/ Jam, Tropical Mixed Fruit, Milk	Buttermilk Pancakes w/ Syrup, Sweet Peaches, Milk	Warm Croissant, Banana Slices, Milk	Whole Grain Cereal with Milk, Pears
Lunch	Italian Pasta Salad with Mozzarella Cheese, Seasoned Green Beans, Pears, Milk	Cheesy Spanish Rice, Crispy Corn, Tropical Mangoes, Milk	Cheese Pizza, Mixed Veggies, Mandarin Oranges, Milk	Cheese Tortellini with Marinara Sauce, Green Peas, Pineapple Tidbits, Milk	Egg and Cheese Sandwich, Cooked Carrots, Southern Peaches, Milk
PM Snack	Animal Crackers, Apple Slices, Water Toddlers/Infants: Puffs and Applesauce	Ritz Crackers, American Cheese Slices, Water	Vanilla Wafers, Fresh Strawberries, Water	Homemade Trail Mix, Applesauce, Water	Goldfish, Yogurt, Water Toddlers/Infants: Puffs and Yogurt
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AM Snack	EGGO Waffle w/ Syrup, Yogurt, Milk				
Lunch	Cheesy Croissant, Tomato Soup, Sweet Peas, Pears, Milk				
PM Snack	Goldfish, Applesauce, Water Toddlers/Infant: Ritz and Applesauce				

CARRINGTON ACADEMY PRESCHOOL
Home of the Cheetahs