



August 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6	7
Breakfast	Whole Grain Cereal, Peaches, Milk	Cheese Toast, Apple Slices, Milk	Banana Muffin, Tropical Mangoes, Milk	French Toast Sticks, Bananas, Milk	Buttermilk Pancakes, Pineapple, Milk
Lunch	Cheesy Broccoli Rice, Crispy Corn, Mandarin Oranges, Milk	Vegetarian Tacos, Green Beans, Pineapple Tidbits, Milk	Cheese Quesadillas, Seasoned Mixed Veggies, Tropical Mixed Fruit, Milk	Baked Macaroni and Cheese, Seasoned Diced Carrots, Sweet Peaches, Milk	Cheese Tortellini with Marinara Sauce, English Peas, Pears, Milk
PM Snack	Fruity Yogurt, Granola, Water	Cheez-its, Pears, Water	Fig Newton Bar, Applesauce, Water	Ritz Crackers, American Cheese Slices, Water	Vanilla Pudding, Vanilla Wafers, Water
	10	11	12	13	14
Breakfast	Mini Bagel, Cream Cheese, Milk	Whole Grain Cereal, Pineapples, Milk	Apple Muffin Top, Mixed Fruit Cup, Milk	EGGO Waffles, Mandarin Oranges, Milk	Blueberry Muffin, Bananas, Milk
Lunch	Cheese Quesadillas, Crispy Corn, Sweet Peaches, Milk	Alfredo Pasta with Broccoli, Mangoes, Milk	Macaroni and Cheese Nuggets, Baked Beans, Mixed Fruit, Milk	Cheese Pizza, Green Beans, Pears, Milk	Cheesy Ziti, Seasoned Mixed Veggies, Pineapple, Milk
PM Snack	Sweet Potato Crackers, Pears, Water	Graham Crackers, Sun Butter Dip, Water	Goldfish, Applesauce, Water	Vanilla Wafers, Apple Slices, Water Infants/Toddlers: Applesauce	Animal Crackers, Yogurt, Water
	17	18	19	20	21
Breakfast	Buttermilk Pancakes, Applesauce, Milk	EGGO Waffles, Pineapple Tidbits, Milk	Warm Biscuit, Grape Jelly, Milk	Strawberry Yogurt, Granola, Milk	French Toast Sticks, Tropical Mangoes, Milk
Lunch	Grilled Cheese, Tomato Soup, Peas, Mixed Fruit, Milk	Cheese Tortellini with Marinara Sauce, Steamed Carrots, Tropical Fruit, Milk	Cheesy Mashed Potato Bowl, Seasoned Mixed Veggies, Mandarin Oranges, Milk	Red Beans and Rice, Seasoned Green Beans, Pears, Milk	Baked Vegetarian Lasagna, Roasted Broccoli, Peaches, Milk
PM Snack	Soft Pretzel, Cream Cheese, Water	Ritz Crackers, American Cheese Slices, Water	Cheez-its, Sweet Peaches, Water Infants/Toddlers: Puffs	Fig Newton Bar, Bananas, Water	Veggie Crackers, Hummus, Water
	24	25	26	27	28
Breakfast	Cheese Biscuit, Egg Patty, Milk	Warm Cheesy Croissants, Milk	Mini Bagel, Cream Cheese, Milk	Whole Grain Cereal, Banana, Milk	Creamy Blueberry Oatmeal, Milk
Lunch	Italian Pasta with Meatless Crumbles, Pears, Green Beans, Milk	Cheesy Broccoli Rice, Tropical Fruit, Milk	Vegetarian Tacos, Black Beans, Pineapples, Milk	Spanish Rice with Corn & Peas, Tropical Mangoes, Milk	Macaroni and Cheese, Mixed Veggies, Mandarin Oranges, Milk
PM Snack	Goldfish, Apple Slices, Water Infants/Toddlers: Applesauce	Animal Crackers, Yogurt, Water	Graham Crackers, Fresh Cantaloupe, Water	Homemade Trail Mix, Fresh Orange Slices, Water	Sweet Potato Crackers, Cream Cheese, Water
	31				
Breakfast	Strawberry Yogurt, Granola, Milk				
Lunch	Cheese Pizza, Steamed Carrots, Southern Peaches, Milk				
PM Snack	Ritz Crackers, American Cheese Slices, Water				

CARRINGTON ACADEMY PRESCHOOL
Home of the Cheetahs