



SEPTEMBER 2026 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST		1 Whole Grain Cereal with Milk, Pineapple Tidbits	2 EGGO Waffles, Southern Peaches, Milk	3 Egg & Cheese Croissants, Banana, Milk	4 Pancakes, Strawberry Yogurt, Milk
LUNCH		Chicken Nuggets, Crispy Corn, Mandarin Oranges, Milk Veggie: Veggie Nuggets	Turkey and Cheese Sandwiches, Green Peas, Tropical Mixed Fruit, Milk Veggie: Cheese Sandwich	Cheese Pizza, Cooked Carrots, Pears, Milk	Cheese Tortellini with Marinara Sauce, Green Beans, Sweet Pineapple, Milk
PM SNACK		Ritz Crackers, American Cheese Slices, Water	Chocolate Chip Cookies, Tropical Mangoes, Water	Animal Crackers, Applesauce, Water	Goldfish, Apple Slices, Water Toddlers/Infants: Puffs, Applesauce, Water
BREAKFAST	7 CARRINGTON ACADEMY	8 Bagels w/cream cheese, Applesauce, Milk	9 French Toast Sticks, Tropical Mangoes, Milk	10 Blueberry Muffins, Banana Slices, Milk	11 Whole Grain Cereal with Milk, Pineapple Tidbits
LUNCH	CLOSED	Chicken and Cheese Tacos, Seasoned Black Beans, Mandarin Oranges, Milk Veggie: Veggie Taco	Creamy Chicken and Rice Casserole, Crispy Corn, Southern Peaches, Milk Veggie: Cheesy Rice Casserole	Cheese Quesadillas, Seasoned Green Beans, Pears, Milk Veggie: Veggie Patty with Pasta	Grilled Chicken Alfredo, Green Peas, Fruit Cocktail, Milk Veggie: Veggie Alfredo
PM SNACK	LABOR DAY	Vanilla Wafers, Pears, Water	Cheez-its, Tropical Mixed Fruit, Water Toddlers/Infants: Ritz Crackers	Homemade Trail Mix, Apple Slices, Water	Animal Crackers, Yogurt, Water
BREAKFAST	14 Egg & Cheese Biscuit, Pears, Milk	15 Whole Grain Cereal with Milk, Sweet Peaches	16 Cheese Toast, Bananas, Milk	17 Mini Bagels with Wow Butter, Sweet Mangos, Milk	18 French Toast, Fruit Yogurt, Milk
LUNCH	Grilled Cheese, Tomato Soup, Sweet Oranges, Milk	Chicken Parmesan Pasta, Green Beans, Pears, Milk Veggie: Cheese Croissant	Diced BBQ Chicken on Bun, Seasoned Mixed Veggie, Fruit Cocktail, Milk Veggie: Veggie Patty Sandwich	Chicken and Cheese Biscuit, Crispy Corn, Pineapple Tidbits, Milk Veggie: Veggie Patty Biscuit	Macaroni and Cheese, Sweet Peas, Southern Peaches, Milk
PM SNACK	Graham Crackers, Applesauce, Water	Veggie Crackers, American Cheese Slices, Water Toddlers/Infants: Puffs	Vanilla Wafers, Peaches, Water	Fig Newton Cookie, Banana, Water	Cheez-its, Apple Slices, Water Toddlers/Infants: Puffs and Applesauce
BREAKFAST	21 EGGO Waffles, Sweet Pineapple, Milk	22 English Muffin w/ wowbutter, Applesauce, Milk	23 Cinnamon Toast, Cheese Slice, Fruit Salad & Milk	24 Buttermilk Pancakes, Pears, Milk	25 Whole Grain Cereal with Milk, Orange Slices
LUNCH	Seasoned Chicken Patty, Mashed Potatoes, Green Peas, Pears, Milk Veggie: Veggie Patty	Cheese Pizza w/Turkey Sausage, Crispy Corn, Tropical Mixed Fruit, Milk Veggie: Cheese Pizza	Cheese Quesadillas, Seasoned Mixed Veggies, Sweet Oranges, Milk	Cheese Tortellini with Alfredo Sauce, Diced Carrots, Southern Peaches, Milk	Cheesy Ziti, Seasoned Green Beans, Pineapple Tidbits, Milk
PM SNACK	, Sweet Peaches, Water	Animal Crackers, Tropical Mangoes, Water	Homemade Trail Mix, Apple Slices, Water	Blueberry Muffins, Banana Slices, Water	Vanilla Wafers, Fruity Yogurt, Water
BREAKFAST	28 French Toast Sticks, Yogurt, Water	29 Whole Grain Cereal with Milk, Pears	30 Buttermilk Pancakes, Yogurt, Milk		
LUNCH	Chicken Parmesan Pasta, Crispy Corn, Sweet Peaches, Milk Veggie: Cheese Pasta	Macaroni and Cheese, Diced Carrots, Sweet Pineapple, Milk	Fried Chicken Sandwich, Diced Carrots, Sweet Pineapple, Milk Veggie: Veggie Patty Sandwich		
PM SNACK	Goldfish, Apple Slices, Water Toddler/Infants: Puffs and Applesauce	Sweet Potato Crackers, American Cheese Slices, Water	Veggie Crackers, American Cheese Slices, Water Toddlers/Infants: Cheerios and Cheese Slices		

CARRINGTON ACADEMY PRESCHOOL
Home of the Cheetahs