



September 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
Breakfast		Whole Grain Cereal, Pineapple Tidbits, Milk	Fig Bar, Southern Peaches, Milk	Warm Croissant, Banana, Milk	Strawberry Yogurt, Granola, Milk
Lunch		Chicken Nuggets, Baked Beans, Mandarin Oranges, Milk	Turkey and Cheese Sandwich, Green Peas, Tropical Fruit, Milk Veggie: Cheese Sandwich	Cheese Pizza, Cooked Carrots, Pears, Milk	Cheese Tortellini with Marinara Sauce, Green Beans, Sweet Pineapple, Milk
PM Snack		Veggie Crackers, Cream Cheese, Water	Graham Crackers, Tropical Mangoes, Water	Animal Crackers, Mixed Fruit Cup, Water	Goldfish, Apple Slices, Water Infants/Toddlers: Puffs, Applesauce
	7	8	9	10	11
Breakfast		Blueberry Muffin, Applesauce, Milk	French Toast Sticks, Tropical Mangoes, Milk	Whole Grain Cereal, Banana, Milk	Cinnamon Toast, Fresh Orange Slices, Milk
Lunch	Carrington Academy Closed- Labor Day		Creamy Chicken and Rice Casserole, Crispy Corn, Mandarin Oranges, Milk Veggie: Cheesy Rice Casserole	Chicken Parmesan with Pasta, Seasoned Green Beans, Pears, Milk Veggie: Veggie Patty with Pasta	Grilled Chicken and Broccoli Alfredo, Mixed Fruit, Milk Veggie: Broccoli Alfredo Pasta
PM Snack			Cheez-its, Tropical Fruit, Water	Graham Crackers, Fresh Apple Slices, Water Infants/Toddlers: Applesauce	Strawberry Yogurt, Animal Crackers, Water
	14	15	16	17	18
Breakfast	Warm Biscuit, Grape Jelly, Milk	Cheese Toast, Sausage Patty, Milk Veggie: Veggie Patty	Vanilla Yogurt, Granola, Milk	Buttermilk Pancakes, Banana, Milk Infants/Toddlers: Applesauce	Whole Grain Cereal, Pineapple Tidbits, Milk
Lunch	Grilled Cheese, Tomato Soup, Pears, Milk	Chicken Salad Sandwich, Green Beans, Mandarin Oranges, Milk Veggie: Cheese Sandwich	Cheesy Broccoli Rice, Season Mixed Veggies, Mixed Fruit, Milk	Cheese Pizza, Crispy Corn, Mangoes, Milk	Macaroni and Cheese, Sweet Peas, Southern Peaches, Milk
PM Snack	Graham Crackers, Fresh Orange Slices, Water	Veggie Crackers, Hummus, Water Infants/Toddlers: Puffs	Goldfish, Applesauce, Water	Fig Newton Bar, Fresh Apple Slices, Water	Cheez-its, Fresh Cantaloupe, Water Infants/Toddlers: Puffs, Applesauce
	21	22	23	24	25
Breakfast	Egg Patty, Toast, Milk	Warm Cheesy Biscuit, Milk	EGGO Waffles, Pears, Milk	Strawberry Yogurt, Granola, Milk	Cinnamon Toast, Banana, Milk
Lunch	Seasoned Chicken Patty, Mashed Potatoes, Green Beans, Apples, Milk Veggie: Veggie Patty	Chicken Nuggets, Crispy Corn, Pineapples, Milk Veggie: Veggie Nuggets	Cheese Quesadilla, Seasoned Mixed Veggies, Sweet Oranges, Milk	Cheese Tortellini with Marinara Sauce, Diced Carrots, Peaches, Milk	Spanish Rice with Corn and Beans, Tropical Fruit, Milk
PM Snack	Soft Pretzel, Hummus, Water	Teddy Grahams, Mixed Fruit Cup, Water	Ritz Crackers, American Cheese, Water	Sweet Potato Crackers, Cream Cheese, Water	Vanilla Wafers, Vanilla Pudding, Water
	28	29	30		
Breakfast	Apple Muffin Top, Southern Peaches, Milk	Creamy Blueberry Oatmeal, Milk	Buttermilk Pancakes, Pineapples, Milk		
Lunch	Cheese Pizza, Crispy Corn, Sweet Pineapple, Milk	Cheesy Broccoli Rice, Diced Pears, Milk	Fried Chicken Sandwich, Diced Carrots, Tropical Fruit, Milk		
PM Snack	Fig Newton Bar, Fresh Orange Slices, Water	Homemade Trail Mix, Apple Slices, Water	Strawberry Yogurt, Animal Crackers, Water		

*Menu subject to change

CARRINGTON ACADEMY PRESCHOOL
Home of the Cheetahs