



October 2026 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1	2
Breakfast				Warm Blueberry Muffin, Fresh Banana , Milk	Pancakes w/ Syrup, Mandarin Oranges & Milk
Lunch				Cheese Tortellini with Alfredo Sauce, Green Beans, Strawberries, Milk	Chicken and Cheese Tacos, Mixed Veggies, Soft Apples, Milk Veggie: Veggie and Cheese Taco
PM Snack				Vanilla Wafers, Applesauce, Water	Graham Crackers, Mangoes, Water
	5	6	7	8	9
Breakfast	Whole Grain Cereal w/ Milk,Pears	Egg, Turkey Sausage & Cheese Tater Tot Breakfast Casserole	Buttered English Muffin, Applesauce, Milk	Cinnamon Oatmeal, Mangoes, Milk	Mini Bagel with Cream Cheese, Seasoned Egg Patty, Milk
Lunch	BBQ Chicken Nuggets, Steamed Carrots, Southern Peaches, Milk Veggie: BBQ Veggie Nuggets	Cheeseburger, Green Beans, Orange Slices, Milk Veggie: Turkey Burger Infants & Toddlers: Mandarin Oranges	Chicken and Cheese Quesadilla, Tomato Cucumber Salad w/ Italian Dressing, Soft Apple Slices, Milk Veggie: Cheese Quesadilla	Red Beans & Rice, Green Peas, Pineapple, Milk	Garlic Butter Chicken Penne Pasta, Seasoned Steamed Broccoli, Pears, Milk
PM Snack	Goldfish, Sweet Pineapple, Water (Puffs Infants & Toddlers)	Ritz Crackers, Strawberries, Water	Cheez-its, Banana, Water (Oyster Crackers Infants & Toddler)	Fig Newton, Fresh Strawberries, Water	Graham Crackers, Fruity Yogurt, Water
	12	13	14	15	16
Breakfast	EGGO Waffles w/ Syrup, Sweet Peaches, Milk	Egg & Cheese English Muffin Sandwich	Whole Grain Cereal w/ Milk, & Strawberries	Cheese Biscuit, Turkey Sausage, Water	Warm Blueberry Muffin, Pears, Milk
Lunch	Seasoned Chicken Patty, Yams, Orange Slices, Milk Veggie: Veggie Patty Infants & Toddler: Mandarin Oranges	Bean and Cheese Burrito,Mixed Veggies, Mangoes, Milk	Creamy Chicken & Rice Casserole, Steamed Broccoli, Pears, Milk Veggie: Veggie Patty	Cheesy Ziti, Seasoned Green Beans, Pineapple, Milk	Breakfast for lunch! Turkey Sausage, Buttermilk Pancakes, Cinnamon Carrots, Strawberries, Milk Veggie: Veggie Patty
PM Snack	Cheez-its, Soft Apple Slices, Water (Oyster Crackers Infants & Toddler)	Saltine Crackers, American Cheese Slices, Water	Fig Newton Cookie, Fresh Banana, Water	Vanilla Wafers, Vanilla Pudding, Water	Goldfish, Applesauce, Water (Puffs Infant & Toddler)
	19	20	21	22	23
Breakfast	Grits, Banana, Milk	Egg & Cheese Breakfast Roll up w/ Milk	Warm Croissants, Mangoes, Milk	French Toast Sticks w/ Syrup, Turkey Sausage, Milk	Cinnamon Oatmeal, Soft Apple Slices, Milk
Lunch	Cheese Pizza, Green Beans,Mangoes, Milk	Spanish Chicken & Rice Bake, Diced Carrots, Pineapple Tidbits, Milk Veggie: Veggie & Rice Bake	Sunbutter & Jelly Sandwich, Sweet Peas, Fresh Strawberries, Milk	Grilled Chicken Alfredo, Steamed Broccoli, Pears, Milk Veggie: Veggie Alfredo	Diced BBQ Chicken Sandwich, Crispy Corn, Applesauce, Milk Veggie: Diced BBQ Veggie Sandwich
PM Snack	Ritz Crackers, American Cheese Slices, Water	Vanilla Wafers, Applesauce, Water	Goldfish, Mandarin Oranges, Water (Puffs Infant & Toddler)	Sweet Potato Crackers, Peaches, Water	Cheez-its, Strawberries, Water (Oyster Crackers Infants & Toddlers)
	26	27	28	29	30
Breakfast	Whole Grain Cereal w/ Milk & Pears	Warm Blueberry Muffin, Turkey Sausage, Milk	EGGO Waffles w/ Syrup, Pineapple, Milk	Cinnamon Oatmeal, Banana, Milk	Warm Blueberry Muffins, Turkey Sausage, Milk
Lunch	Chicken Nuggets, Peas, Orange Slices, Milk Veggie: Veggie Nuggets Infants & Toddlers: Mandarin Oranges	Chicken & Cheese Quesadilla, Seasoned Mixed Veggies, Mangoes, Milk Veggie: Cheese Quesadilla	Cheese Burgers, Tater Tots, Seasoned Green Beans, Soft Apple Slices, Milk Veggie: Veggie Burger	Baked Macaroni and Cheese w/ Ritz Topping, Steamed Broccoli, Peaches, Milk	Halloween! Cheddar Melts, Goblin Stew (Tomato Soup), Diced Carrots, Mandarin Oranges, Milk
PM Snack	Vanilla Wafers, Fruity Yogurt, Water	Ritz Crackers, Cheese Slice, Water	Graham Crackers, Strawberries, Water	Cheez-Its, Pears, Water (Puffs Infants & Toddlers)	Spooky Trail Mix, Applesauce, Water