



October 2026 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1	2
AMSnack				Lucky Charms, Yogurt Cups, Water	Blueberry Muffins, Mixed Fruit, Water
Lunch				Chicken Taquito, Black beans, Pineapple, Milk	Yellow Rice w/ Chicken, Pears, Broccoli, Milk
PM Snack				Banana Pudding, Graham Crackers, Water	<u>Cookie Friday!</u> Chocolate Chip Cookies, Applesauce, Water
	5	6	7	8	9
AMSnack	Croissants, Peaches, Water	Fruit Danish, Apple Slices, Water	Cereal w/ Milk	Graham Crackers, Yogurt Cups, Water	Waffles, Blueberries, Water
Lunch	Chicken Patty, Carrots, Pears, Milk	<u>National Tacos Day!</u> Ground Turkey Tacos, Black Beans, Banana, Milk	Turkey & Cheese Sandwiches, Green Beans, Applesauce, Water	Mac & Cheese, Green Beans, Pears, Milk	Chicken Fried Rice, Corn, Peaches, Milk
PM Snack	Teddy Grahams, Banana, Water	Animal Crackers, Applesauce, Water	Oyster Crackers, Cheese Sticks, Water	Jell-o Cups, Fig Newton Bars, Water	<u>Cookie Friday!</u> Shortbread Cookie, Applesauce, Water
	12	13	14	15	16
AMSnack	Cheerios, Vanilla Yogurt Cups, Water	Nutri-Grain Bar, Mixed Fruit, Water	Fruit Danish w/ Milk	Turkey Sausages, w/ Buttermilk Biscuits, Water	Banana & Chocolate Muffins, Pears, Water
Lunch	Cheese Tortellini w/ Red Sauce, Mixed Veggies, Oranges, Milk	Chicken Pasta w/ Red Sauce, Green Beans, Peaches, Milk	Grilled Cheese Sandwiches, Corn, Banana, Milk	Cheese Pizza, Broccoli, Pears, Milk	Mac & Cheese, Green Beans, Pineapple, Milk
PM Snack	Cheese-its, Applesauce, Water	White Cheddar Puffs, Applesauce, Water	<u>National Dessert Day!</u> Chocolate & Vanilla Ice Cream Cups, Graham Crackers, Water	Animal Crackers, Applesauce, Water	<u>Cookie Friday!</u> Oreo, Banana, Water
	19	20	21	22	23
AMSnack	Strawberry & Blueberry Parfait, Graham Crackers, Water	Chicken Mini w/ Buttermilk Biscuits, Water	Cereal w/ Milk	Croissants, Pears, Water	Fruit Loops, Yogurt Cups, Water
Lunch	Baked Cheesy Ziti, Green Beans, Pears, Milk	Chicken Taquito, Broccoli, Peaches, Milk	Turkey Sandwiches, Carrots, Applesauce, Milk	White Rice w/ Chicken, Green Beans, Peaches, Milk	Sun Butter & Jelly Sandwiches, Corn, Banana, Milk
PM Snack	Shortbread Cookies, Applesauce, Water	Gold Fish, Apple Slices, Water	White Cheddar Puffs, Applesauce, Water	Saltine Crackers, Cucumbers, Water	<u>Cookie Friday!</u> Chocolate Chip Cookies, Applesauce, Water
	26	27	28	29	30
AMSnack	Cherrios w/ Milk	Waffles, Blueberries, Water	Toast w/ Jelly, Banana, Water	Fruit Danish, Apple Slices, Water	Cereal w/ Milk
Lunch	Spaghetti w/ Ground Turkey, Black Beans, Pears, Milk	Yellow Rice w/ Chicken, Carrots, Pears, Milk	Cheese Quesadillas, Corn Applesauce, Milk	<u>Pajama Day!</u> Pancakes, Turkey Sausage, Mixed Veggies, Applesauce, Milk	Chicken Nuggets, Green Beans, Oranges, Milk
PM Snack	Nutri-Grain Bars, Applesauce, Water	Animal Crackers, Applesauce	<u>Chocolate Day!</u> Chocolate Pudding Cups, Wafers, Water	Teddy Grahams, Yogurt Cups, Water	<u>Halloween Parties!</u>