



October 2026 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast				1 Warm Blueberry Muffins, Banana, Milk	2 Whole Grain Cereal with Milk & Fruit Salad
Lunch				Cheese Tortellini with Alfredo Sauce, Green Beans, Southern Peaches, Milk	Chicken and Cheese Tacos, Crispy Corn, Orange Slices, Milk Veggie: Veggie and Cheese Taco
PM Snack				Vanilla Wafers, Apple Slices, Water (Applesauce Infant & Toddler)	Animal Crackers, Fruity Yogurt, Water
Breakfast	5 Cheese Toast, Tropical Mixed Fruit, Milk	6 Cheese Hashbrowns & Milk	7 EGGO Waffles, Pineapple Tidbits, Milk	8 Buttermilk Pancakes, Southern Peaches, Milk	9 Mini Bagel with Cream Cheese, Seasoned Egg Patty, Water
Lunch	BBQ Chicken Nuggets, Crispy Corn, Southern Peaches, Milk Veggie: Veggie Nuggets	Garlic Butter Chicken Penne, Green Beans, Pears, Milk	Veggie Chili, Corn Bread, Seasoned Mixed Veggies, Mixed Fruit, Milk	Grilled Cheese, Green Peas, Tropical Mangoes, Milk	Baked Macaroni and Cheese, Seasoned Mixed Veggies, Tropical Mixed Fruit, Milk
PM Snack	Goldfish, Sweet Pineapple, Water	Vanilla Wafers, Fruity Yogurt, Water	Cheez-its, Apple Slices, Water (Applesauce Infant & Toddler)	Fig Newton Cookie, Fresh Banana, Water	Graham Crackers, Fruity Yogurt, Water
Breakfast	12 EGGO Waffles, Sweet Peaches, Water	13 Egg & Cheese English Muffin & Milk	14 Cheerios, Fruity Yogurt, Water	15 Cheese Biscuit, Turkey Sausage, Water Veggie: Veggie Patty	16 Animal Crackers, Fruity Yogurt, Milk
Lunch	Seasoned Chicken Patty, Mashed Potatoes, Sweet Peas, Mandarin Oranges, Milk Veggie: Veggie Patty	Bean and Cheese Burrito, Crispy Corn, Sweet Pineapple, Milk Veggie: Cheese Croissant	Creamy Chicken Casserole, Mixed Veggies, Tropical Mixed Fruit, Milk Veggie: Veggie Casserole	Cheesy Ziti, Seasoned Green Beans, Sweet Peaches, Milk	Turkey Sausage, Buttermilk Pancakes, Cinnamon Carrots, Fresh Banana, Milk Veggie: Veggie Patty
PM Snack	Cheez-its, Mixed Fruit, Water	Saltine Crackers, American Cheese Slices, Water	Blueberry Muffin, Diced Mangoes, Water	Vanilla Wafers, Vanilla Pudding, Water	Goldfish, Apple Slices, Water (Applesauce Infant & Toddler)
Breakfast	19 Buttermilk Pancakes, Fruit Salad, Milk	20 Egg & Cheese Breakfast Roll w/ Milk	21 Warm Croissants, Fresh Banana, Milk	22 French Toast Sticks, Tropical Mangoes, Milk	23 Animal Crackers, Fruity Yogurt, Milk
Lunch	Italian Cheese Pizza, Green Beans, Mandarin Oranges, Milk Veggie: Veggie Patty	Spanish Chicken & Rice Bake, Diced Carrots, Pineapple Tidbits, Milk Veggie: Veggie Patty	Rotisserie Chicken & Cheese Croissant, Sweet Peas, Mixed Fruit, Milk	Grilled Chicken Alfredo, Sweet Green Peas, Pears, Milk Veggie: Veggie Alfredo	Diced BBQ Chicken Sandwich, Crispy Corn, Orange Slices, Milk Veggie: BBQ Veggie Sandwich
PM Snack	Ritz Crackers, American Cheese Slices, Water	Vanilla Wafers, Apple Slices, Water (Applesauce Infant & Toddler)	Goldfish, Sweet Oranges, Water	Sweet Potato Apple Crackers, American Cheese Slice, Water	Cheez-its, Applesauce, Water
Breakfast	26 Whole Grain Cereal with Milk & Fruit	27 Animal Crackers, Apple Slices, Milk	28 EGGO Waffles, Tropical Mangoes, Milk	29 Graham Crackers, Sweet Pineapple, Water	30 Warm Blueberry Muffins, Banana Slices, Milk
Lunch	Chicken Nuggets, Crispy Corn, Mandarin Oranges, Milk Veggie: Veggie Nuggets	Cheese Quesadilla, Seasoned Mixed Veggies, Pineapple Tidbits, Milk	Chicken and Cheese Biscuit, Seasoned Green Beans, Tropical Mixed Fruit, Milk Veggie: Veggie and Cheese Biscuit	Baked Macaroni and Cheese, Sweet Peas, Pineapple Tidbits, Milk	Cheddar Melts, Goulash Stew (Tomato Soup), Diced Carrots, Orange Slices, Milk
PM Snack	Vanilla Wafers, Fruity Yogurt, Water	Veggie Crackers, American Cheese Slice, Water	Graham Crackers, Tropical Mixed Fruit, Water	Croissants, American Cheese Slices, Water	Spooky Trail Mix, Sweet Pineapple, Water