NOVEMBER 2026 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
AM SNACK	EGGO Waffles, Fruity Yogurt, Milk	Whole Grain Cereal with Milk & Fruit	Sunbutter English Muffin, Applesauce, Milk	Cheese Toast, Turkey Sausage, Milk **Veggie: Veggie Patty**	Blueberry Muffiins, Banana, Milk
LUNCH	Grilled Chicken Alfredo, Broccoli, Mixed Fruit Salad, Milk **Veggie: Veggie Alfredo**	Cheese Pizza, Salad, Pineapple Tidbits, Milk	Mexican Rice w/Chicken, Diced Carrots, Tropical Mangoes, Milk **Veggie: Cheesy Mashed Potatoes**	Hot turkey & Cheese Sandwich, Seasoned Mixed Veggies, Pears, Milk **Veggie: Veggie Wrap**	Cheesy Ziti, Green Beans, Orange Slices, Milk
PM SNACK	Goldfish, Apple Slices, Water (Applesauce Infant & Toddler)	Veggie Crackers, American Cheese Slices, Water	Fig bar, Sweet Peaches, Water	Animal Crackers, Fruity Yogurt, Water	Ritz Crackers, American Cheese Slices, Water
	9	10	11	12	13
AM SNACK	EGGO Waffles, Pears, Milk	Cheese Toast, Fruity Yogurt, Milk	CARRINGTON ACADEMY	Mini Bagels with Cream Cheese, Milk	Whole Grain Cereal with Milk & Butter Toast
LUNCH	Chicken & Cheese Croissants, Green Peas, Mandarin Oranges, Milk	Chicken Nuggets, Broccoli, Tropical Mixed Fruit, Milk	CLOSED	Bean and Cheese Tacos, Corn, Diced Mangoes, Milk **Veggie: Veggie and Cheese Taco**	Macaroni and Cheese, Diced Carrots, Orange Slices, Milk
PM SNACK	Vanilla Wafers, Apple Slices, Water (Applesauce Infant & Toddler)	Homemade Trail Mix, American Cheese Slices, Water	PROFESSIONAL DEVELOPMENT DAY	Fig Newton Cookie, Fresh Banana, Water	Goldfish, Applesauce, Water
	16	17	18	19	20
AM SNACK	Buttermilk Pancakes, Fruity Yogurt, Milk	Whole Grain Cereal, Oranges, Milk	French Toast Sticks, Orange Slices, Milk	Blueberry Muffins, Southern Peaches, Milk	Seasoned Eggs, Cheese Toast, Milk
LUNCH	Chicken Patty Sandwich, Diced Carrots, Pineapple Tidbits, Milk	Cheese Pizza, Broccoli, Tropical Mangoes, Milk **Veggie: Cheese Sandwich**	Mexican Rice w/Chicken, Corn, Mandarin Oranges, Milk	Chicken Parmesan Pasta, Peas, Pears, Milk **Veggie: Veggie Patty Parmesan**	Cheese Quesadillas, Seasoned Mixed Veggies, Pineapple Tidbits, Milk
PM SNACK	Animal Crackers, Applesauce, Water	Ritz Crackers, American Cheese Slices, Water	Vanilla Wafers, Apple Slices, Water	Graham Crackers, Banana Slices, Water	Goldfish, Apple Slices, Water (Applesauce Infant & Toddler)
	23	24	25	26	27
AM SNACK	Turkey Sausage Biscuit & Milk **Veggie: Cheese Biscuit**	Whole Grain Cereal with Milk & Fruit Salad	Pancakes, Fruity Yogurt, Milk	CARRINGTON ACADEMY	CARRINGTON ACADEMY
LUNCH	Cheese Tortellini with Marinara Sauce, Cooked Carrots, Pears, Milk	**THANKSGIVING LUNCH** Turkey, Gravy, Mashed Potatoes, Green Beans, Peaches, Milk **Veggie: BBQ Veggie** Nuggets	Cheese Sandwich, Green Beans, Applesauce, Milk	CLOSED	CLOSED
PM SNACK	Graham Crackers, Fruity Yogurt, Water	Goldfish, Pineapple Tidbits, Water	Fig Newton bar, Apple Slices, Water EARLY CLOSURE @ 3:00PM	HAPPY THANKSGIVING	HAPPY THANKSGIVING
	30				
AM SNACK	EGGO Waffle, Yogurt, Milk				
LUNCH	Grilled Cheese , Tomato Soup, Sweet Peas, Pears, Milk				
PM SNACK	Goldfish, Applesauce, Water **Toddlers/Infant: Ritz and Applesauce**				

CARRINGTON ACADEMY PRESCHOOL
Home of the Cheetahs